

ATTACHMENT M

Eastern Zone Speedo Championship Series Short Course Records – April 2025 Northern and Southern combined

Yr	Name	Time	Team-LSC	Event	Name	Time	Team-LSC	Yr
3/30/19	Kate Douglass	21.67	CPAC-CT	50 yd. free	Austin Staab	19.23	WAC-OH	3/13/10
3/30/25	Lily King	48.13	MPAC-AM	100 yd. free	William Copeland	42.92	RSST-VA	3/22/15
3/28/25	Kennedi Dobson	1:44.98	EEX-NJ	200 yd. free	Scott Goldblatt	1:35.89	BAC-NJ	3/14/03
3/19/05	Kate Ziegler	4:36.51	FISH-PV	500 yd. free	Michael Phelps	4:18.12	NBAC-MD	3/16/02
3/20/05	Kate Ziegler	9:29.79	FISH-PV	1000 yd. free	Ryan Feeley	8:57.35	BAD-MR	3/12/09
3/17/05	Kate Ziegler	15:40.89	FISH-PV	1650 yd. free	Ryan Feeley	14:57.37	BAD-MR	3/15/09
3/29/25	Sarah Rodrigues	51.89	JAC-NJ	100 yd. back	Shane Ryan	45.82	UN-MA	3/23/13
3/30/25	Sarah Rodrigues	1:52.36	JAC-NJ	200 yd. back	Adriano Ariotti	1:40.55	RMSC-PV	3/24/24
3/31/17	Sophie Agnus	1:00.44	WEST-CT	100 yd. breast	Brendan McHugh	52.39	GPA-MA	3/20/15
3/12/05	Rebecca Soni	2:11.32	SAC-NJ	200 yd. breast	Brendan McHugh	1:55.43	GPA-MA	3/22/14
3/29/19	Kate Douglass	51.74	CPAC-CT	100 yd. fly	Austin Staab	44.72	WAC-OH	3/12/10
3/29/25	Vivian Moulson	1:58.36	CRIM-NE	200 yd. fly	Michael Phelps	1:42.10	NBAC-MD	3/17/02
3/30/19	Kate Douglass	1:56.29	CPAC-CT	200 yd. I.M.	Austin Staab	1:44.70	WAC-OH	3/14/10
3/10/06	Alicia Aemisegger	4:07.85	GAAC-MA	400 yd. I.M.	Michael Phelps	3:42.08	NBAC-MD	3/15/02

RELAY RECORDS

3/30/25	Chelsea Piers A.C. Annam Olasewere, Ayaan Olasewere, Lieve Geelen, Charlotte VanDerzee	1:32.72	CPAC-CT	200 yd. free Relay	Commonwealth Swim. Gerhardt Hoover, Ethan Guo, Nicholas Cavic, Rudd Day	1:21.78	CS-NE	3/30/25
3/27/19	Chelsea Piers A.C. Kate Douglass, Bridget Semenuk, Sophia Moore, Kelly Dolce	3:22.02	CPAC-CT	400 yd. free Relay	Jersey Flyers A.C. Aaron Baltaytis, Benjamin Endersby, William Kaminski, Roman Jones	3:00.08	JFAC-NJ	3/26/22
3/28/19	Chelsea Piers A.C. Kate Douglass, Maxine Parker, Sophia Moore, Bridget Semenuk	7:12.40	CPAC-CT	800 yd. free Relay	Commonwealth Swim. Ethan Guo, Nicholas Cavic, Gerhardt Hoover, George Groves	6:37.97	CS-NE	3/28/25
3/29/19	Chelsea Piers A.C. Sophia Moore, Kate Douglass, Bridget Semenuk, Maxine Parker	1:40.31	CPAC-CT	200 yd. Med. Relay	Jersey Flyers A.C. Christopher Jackson, Benjamin Endersby, Roman Jones, Aaron Baltaytis	1:28.61	JFAC-NJ	3/25/22
3/30/25	Metro Area Lifetime Amanda Bramley, Ayah Bedri, Thi Tran, Sidney Arcella	3:42.32	LIFE-NJ	400 yd. Med. Relay	Commonwealth Swim. Ethan Guo, George Groves, Nicholas Cavic, Gerhardt Hoover	3:16.03	CS-NE	3/30/25