

Attachment G

Long Course Zone Champions

<u>Year</u>	<u>Location</u>	<u>Overall Winner</u>	<u>Male</u>	<u>Female</u>
1988	Hershey, PA	Metropolitan		
1989	Fairfax, VA	Virginia		
1990	Fairfax, VA	Virginia		
1991	Fairfax, VA	New Jersey		
1992	Rutgers, NJ	Virginia		
1993	Fairfax, VA	Virginia		
1994	Pittsburgh, PA	Virginia	Virginia	Middle Atlantic
1995	Buffalo, NY	Virginia	Virginia	Allegheny Mountain
1996	Pittsburgh, PA	Virginia	Virginia	Middle Atlantic
1997	Sewell, NJ	Virginia	Virginia	Middle Atlantic
1998	Baltimore, MD	Virginia		
1999	Pittsburgh, PA	Virginia	Allegheny Mountain	Middle Atlantic
2000	Buffalo, NY	Virginia	Virginia	Virginia
2001	Buffalo, NY	Potomac Valley	Potomac Valley	Potomac Valley
2002	Buffalo, NY	Virginia	Virginia	Metropolitan
2003	Pittsburgh, PA	Virginia	Virginia	Virginia
2004	Buffalo, NY	Virginia	Virginia	Virginia
2005	Buffalo, NY	Metropolitan	Metropolitan	Metropolitan
2006	Buffalo, NY	Metropolitan	Maryland	Maryland
2007	Buffalo, NY	Virginia	Potomac Valley	Middle Atlantic
2008	Rockville, MD	Potomac Valley	Virginia	Potomac Valley
2009	State College, PA	Virginia	Virginia	Middle Atlantic
2010	Rockville, MD	Potomac Valley	Potomac Valley	Potomac Valley
2011	State College, PA	Potomac Valley	Potomac Valley	Potomac Valley
2012	Richmond, VA	Middle Atlantic	Middle Atlantic	Potomac Valley
2013	Richmond, VA	Potomac Valley	Virginia	Potomac Valley
2014	Richmond, VA	Potomac Valley	Potomac Valley	Potomac Valley
2015	Richmond, VA	Virginia	Virginia	Virginia
2016	East Meadow, NY	Potomac Valley	Potomac Valley	Metropolitan
2017	Richmond, VA	New England	New England	New England
2018	Richmond, VA	New England	New Jersey	New England
2019	Richmond, VA	Metropolitan	Metropolitan	New England
2020	meet cancelled due to COVID-19			
2021	Richmond, VA	Virginia	Virginia	Virginia
2022	Ithaca, NY	New Jersey	Virginia	Middle Atlantic
2023	Richmond, VA	Virginia	Virginia	Middle Atlantic
2024	Hampton, VA	Middle Atlantic	Virginia	Middle Atlantic