

Tentative Schedule

Thursday (6/20):

- 3:00pm** Arrival / Check In
- 5:30pm** Break for Dinner/Recharge
- 6:30pm** LSC Governance / Leadership Introduction Session
- 8:00pm** Closing Remarks
- 8:30pm** EZ Social (Photo Scavenger Hunt!)
- 10:30pm** Lights Out

Friday (6/21):

- 7:00am** Wakeup
- 7:30am** Breakfast
- 8:30am** DEI Session
- 9:30am** Mental Health Session: Crucible Leadership
- 10:30am** SwimSession (10:30-12:00)
- 12:00pm** Return to Dorms
- 12:30pm** Lunch
- 1:30pm** Workshop
- 2:30pm** Workshop
- 3:30pm** Workshop
- 4:30pm** Nutrition Session
- 5:30pm** Dinner + Reflection
- 6:30pm** Social Media
- 7:30pm** Olympic Trial Watch Party
- 10:30pm** Lights Out

Saturday (6/22):

- 7:00am** Wakeup
- 7:30am** Breakfast
- 8:30am** Professionalism Session
- 9:30am** College Recruiting / College Process
- 10:30am** SwimSession (10:30-12:00)
- 12:00pm** Return to Dorms
- 12:30pm** Lunch
- 1:30pm** Junior Officials Session
- 2:30pm** Workshop
- 3:30pm** Leave for Philadelphia
- 4:15pm** Arrive in Philadelphia
- 7:45pm** Leave Philadelphia
- 8:30pm** Return to Dorms

10:00pm Lights Out

Sunday (6/23):

6:30am Wakeup

7:00am Dryland/Yoga

7:30am Return to Dorm

8:00am Breakfast

9:00am Project Planning

10:30am Project Planning Runover

11:30am Closing Session

12:00pm Check Out and Depart