

ATTACHMENT M

Eastern Zone Speedo Championship Series Short Course Records – April 2022 Northern and Southern combined

Yr	Name	Time	Team-LSC	Event	Name	Time	Team-LSC	Yr
3/30/19	Kate Douglass	21.67	CPAC-CT	50 yd. free	Austin Staab	19.23	WAC-OH	3/13/10
4/2/16	Kate Douglass	48.54	CPAC-CT	100 yd. free	William Copeland	42.92	RSST-VA	3/22/15
3/10/06	Julia Smit	1:46.14	TVSC-MR	200 yd. free	Scott Goldblatt	1:35.89	BAC-NJ	3/14/03
3/19/05	Kate Ziegler	4:36.51	FISH-PV	500 yd. free	Michael Phelps	4:18.12	NBAC-MD	3/16/02
3/20/05	Kate Ziegler	9:29.79	FISH-PV	1000 yd. free	Ryan Feeley	8:57.35	BAD-MR	3/12/09
3/17/05	Kate Ziegler	15:40.89	FISH-PV	1650 yd. free	Ryan Feeley	14:57.37	BAD-MR	3/15/09
3/29/19	Kate Douglass	53.05	CPAC-CT	100 yd. back	Shane Ryan	45.82	UN-MA	3/23/13
3/22/14	Alexandra Szekely	1:54.05	CBST-MA	200 yd. back	Nicholas Vance	1:44.22	WCS-IL	3/30/19
3/31/17	Sophie Agnus	1:00.44	WEST-CT	100 yd. breast	Brendan McHugh	52.39	GPA-MA	3/20/15
3/12/05	Rebecca Soni	2:11.32	SAC-NJ	200 yd. breast	Brendan McHugh	1:55.43	GPA-MA	3/22/14
3/29/19	Kate Douglass	51.74	CPAC-CT	100 yd. fly	Austin Staab	44.72	WAC-OH	3/12/10
3/22/13	Katel Sowinski	1:58.47	EST-MD	200 yd. fly	Michael Phelps	1:42.10	NBAC-MD	3/17/02
3/30/19	Kate Douglass	1:56.29	CPAC-CT	200 yd. I.M.	Austin Staab	1:44.70	WAC-OH	3/14/10
3/10/06	Alicia Aemisegger	4:07.85	GAAC-MA	400 yd. I.M.	Michael Phelps	3:42.08	NBAC-MD	3/15/02

RELAY RECORDS

3/27/22	Chelsea Piers A.C. Lente Geelen, Kelly Dolce, Alexandra Bastone, Annam Olasewere	1:33.72	CPAC-CT	200 yd. free Relay	Jersey Flyers A.C. Roman Jones, Benjamin Endersby, William Kaminski, Aaron Baltaytis	1:22.47	JFAC-NJ	3/27/22
3/27/19	Chelsea Piers A.C. Kate Douglass, Bridget Semenuk, Sophia Moore, Kelly Dolce	3:22.02	CPAC-CT	400 yd. free Relay	Jersey Flyers A.C. Aaron Baltaytis, Benjamin Endersby, William Kaminski, Roman Jones	3:00.08	JFAC-NJ	3/26/22
3/28/19	Chelsea Piers A.C. Kate Douglass, Maxine Parker, Sophia Moore, Bridget Semenuk	7:12.40	CPAC-CT	800 yd. free Relay	Chelsea Piers A.C. Parker Lenocs, William Daniel, Michael Mostofi, Sean Rogers	6:41.99	CPAC-CT	3/24/22
3/29/19	Chelsea Piers A.C. Sophia Moore, Kate Douglass, Bridget Semenuk, Maxine Parker	1:40.31	CPAC-CT	200 yd. Med. Relay	Jersey Flyers A.C. Christopher Jackson, Benjamin Endersby, Roman Jones, Aaron Baltaytis	1:28.61	JFAC-NJ	3/25/22
3/30/19	Westin Swimming Alexa Pappas, Samantha Kim, Charlotte Proceller, Lauren Daignault	3:45.61	WEST-CT	400 yd. Med. Relay	Jersey Flyers A.C. Christopher Jackson, Benjamin Endersby, Roman Jones, Aaron Baltaytis	3:17.36	JFAC-NJ	3/27/22