

# ATTACHMENT D

## EASTERN ZON CHAMPIONSHIPS SHORT COURSE RECORDS Aug. 2009

### 10 & Under

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
83	Grace Cornelius	MA	25.47	50 yd. free	25.93	VA	Ryan Bradley	85
94	T. Blackwell	VA	56.03	100 yd. free	56.53	VA	Ryan Bradley	85
98	Kristen Frost	CT	2:01.84	200 yd. free	2:00.75	MA	Rory Connell	96
03	Elizabeth Beisel	NE	5:26.22	500 yd. free	5:28.13	MA	Thien Le	07
92	Beth Botsford	MD	28.93	50 yd. back	29.34	VA	John Kegelman	98
92	Beth Botsford	MD	1:01.71	100 yd. back	1:02.21	MD	Michael Phelps	96
99	Ashley Evans	NJ	32.72	50 yard breast	32.39	MA	Michael Gentilucci	92
05	Annie Zhu	MR	1:09.98	100 yd. breast	1:11.45	NE	Corey Swanson	99
92	Beth Botsford	MD	28.22	50 yard fly	27.19	MD	Michael Phelps	96
98	Emily Caras	ME	1:02.73	100 yard fly	1:00.06	MD	Michael Phelps	96
01	Katie Riefenstahl	MA	1:03.63	100 yard I.M.	1:04.46	MR	Daniel Simco	00
03	Elizabeth Biesel	NE	2:16.74	200 yard I.M.	2:15.38	MD	Michael Phelps	96
07	Middle Atlantic Watts, Rhodes, Yoshimura, Dowzicky	MA	1:47.93*	200 yd. free relay	1:47.44*	MA	Middle Atlantic Marck, Davidson, Joyce, Cregar	00
98	Middle Atlantic Davis, Nelson, Martinez, Maule	MA	3:59.24*	400 yd. free relay	3:57.22*	VA	Virginia Cross, Fonder, Wilson, Kernan	94
09	New Jersey Galea, Buckley, Shu, Mann	NJ	2:01.85*	200 yd. med relay	1:58.84*	MA	Middle Atlantic Marck, Davidson Joyce, Cregar	00

### 11-12

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
84	Grace Cornelius	MA	24.11	50 yd. free	22.89	NJ	Daryl Northrup	96
01	Ashley Evans	NJ	52.79	100 yd. free	49.98	MA	Tanner Kurz	06
01	Ashley Evans	NJ	1:53.43	200 yd. free	1:49.84	NJ	Scott Atkinson	96
96	Cassie Connell	MA	5:02.81	500 yd. free	4:53.62	MA	Fran Crippen	97
93	Beth Botsford	MD	26.62	50 yd. back	26.05	VA	David Wren	02
02	Tricia Weaner	MA	57.62	100 yd. back	55.51	MA	Scott Champagne	99
08	Janet Hu	PV	2:05.41	200 yd. back	1:59.43	VA	Tom Sheranek	03
01	Ashley Evans	NJ	30.38	50 yd. breast	28.24	MR	Chris Miller	94
01	Ashley Evans	NJ	1:05.54	100 yd. breast	1:00.94	MA	Tanner Kurz	06
06	Rebecca Rainer	VA	2:21.49	200 yd. breast	2:13.52	MA	Tanner Kurz	06
82	Michelle Griglione	PV	26.01	50 yd. fly	25.31	NJ	Doug Carroll	91
84	Grace Cornelius	MA						
91	Margo Diamond	MR	57.87	100 yd. fly	54.95	MA	Tanner Kurz	06
08	Isla Hutchinson	MR	2:09.82	200 yd. fly	2:02.04	MA	Ben Creekmore	09
02	Katie Riefenstahl	MA	58.92	100 yd. I.M.	55.56	MA	Tanner Kurz	06
02	Katie Hoff	VA	2:07.12	200 yd. I.M.	2:00.19	MA	Tanner Kurz	06
06	Metropolitan Neal, Simonetti, Scilufu, Zhu	MR	1:39.85*	200 yd. free relay	1:35.37*	MA	Middle Atlantic Fonheiser, Clark, McVaugh, Siebert	93
01	Potomac Valley Kemp, Psaris, Richardson, Ghosh	PV	3:37.56*	400 yd. free relay	3:30.52*	NJ	New Jersey Northrup, Ernst Atkinson, Devine	96
04	Middle Atlantic Guro, Oxley, Nolan, Masciantonio	MA	1:49.62*	200 yd. med. relay	1:46.37*	MA	Middle Atlantic Hopkins, Kinney, Gallagher, Wilson	00

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13-14

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
89	Richelle Depold	AD	23.37	50 yd. free	21.69	MA	Andrew Kosic	08
89	Richelle Depold	AD	50.98	100 yd. free	47.34	AD	Duane Couture	94
01	Leslie Swinley	PV	1:52.34	200 yd. free	1:42.55	VA	Brett Cline	94
00	Casey Wagner	AM	4:58.39	500 yd. free	4:37.51	VA	Brett Cline	94
01	Leslie Swinley	PV	10:13.68	1000 yd. free	9:38.40	MD	Joe Curreri	94
01	Leslie Swinley	PV	17:10.37	1650 yd. free	16:06.05	AM	Matt Maurer	92
02	Karly Brooks	AD	57.50	100 yd. back	52.22r	MA	Matt Belecanech	07
01	Karly Brooks	AD	2:02.85	200 yd. back	1:53.64	MR	Nathaniel Moore	01
02	Ashley Evans	NJ	1:04.43	100 yd. breast	58.64	MR	Shaun Armstrong	01
02	Jamie Marks	MA	2:20.01	200 yd., breast	2:06.15	MA	P. J. Koppel	04
03	Nina Rossi	NJ	56.90	100 yd. fly	51.06	CT	Daniel Madwed	03
02	Danielle LeClair	VA	2:04.46	200 yd. fly	1:51.96	CT	Daniel Madwed	03
02	Karly Brooks	AD	2:04.54	200 yd. I.M.	1:55.44	NI	Jon Roberts	02
02	Karly Brooks	AD	4:25.12	400 yd. I.M.	4:07.66	MA	Matt Belecanech	07
95	Middle Atlantic Kaesler, Waugh, Hostetler, Dehainaut	MA	1:37.81*	200 yd. free relay	1:27.95*	MA	Middle Atlantic Brady, Marck, Deputy, Weik	03
01	Virginia Marshall, Fraley, Neely, S. Smith	VA	3:32.79*	400 yd. free relay	3:13.15*	MA	Middle Atlantic Brady, Marck, Deputy, Weik	03
08	Metropolitan Sun, Weston, Trail, Cho	MR	1:49.54	200 yd. med. relay	1:39.65	MA	Middle Atlantic Bohn, Paules, Burns, Kosic Middle Atlantic Belecanech, Schmidt, Gordon, Kosic	08 07
04	Potomac Valley O'Malley, Danner, Chuang, Waters	PV	3:56.88	400 yd. med. relay	3:35.29*	MR	Metropolitan Moore, Armstrong, Scott Piastuck	01

15-18

Yr	Name	LSC	Time	Event	Time	LSC	Name	Yr
03	Mason Walsh	PV	23.97	50 yd. free	20.67	VA	J. Pohl	81
01	Georgia Healey	MR	52.40	100 yd. free	46.49	PV	Michael Anstrom	01
01	Kiers. Koronowicz	MR	1:52.96	200 yd. free	1:42.09	MA	Andrew Patrizzi	01
01	Cristina Hession	NJ	4:58.75	500 yd. free	4:36.47	AD	Bobby Brown	04
02	Patty Murphy	MA	10:17.99	1000 yd. free	9:23.14	PV	Steuart Martens	01
07	Kati Meirs	NJ	16:54.52	1650 yd. free	15:47.57	MR	George Salayka	02
01	Megan Knepper	PV	57.60	100 yd. back	51.76	NI	Jake Sangren	07
01	Moira McCloskey	MA	2:01.70	200 yd. back	1:49.67	PV	Michael Galindo	01
02	Lauren Brick	VA	1:04.24	100 yd. breast	57.00	PV	Daniel Velez	01
04	Nina Rossi	NJ	2:20.34	200 yd. breast	2:02.76	PV	Daniel Velez	01
01	Lauren Ullrich	PV	55.16	100 yd. fly	50.21	MA	Christopher Brady	04
04	Emily Kelly	PV	2:05.08	200 yd. fly	1:53.55	PV	Michael Galindo	01
04	Nina Rossi	NJ	2:06.79	200 yd. I.M.	1:53.65	PV	Chris Dufek	02
01	Holly Williams	NI	4:27.64	400 yd. I.M.	4:03.89	MR	Michael Smit	03
95	Middle Atlantic Grega, Harrar, Reasons, Casperite	MA	1:37.98	200 yd. free relay	1:25.67	MR	Metropolitan Bugayev, Woo, Fay, Brandenberger	01
01	Potomac Valley Ullrich, Burke, Suguiyama, Hurd	PV	3:33.16	400 yd. free relay	3:08.89	PV	Potomac Valley Galindo, McCabe, Ott, Anstrom	01
07	Metropolitan Arnott, Purdy, Butler, Lyver	MR	1:51.14	200 yd. med. relay	1:37.07	NI	Niagara Sangren, Pink, Mychack, Wagner	07

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				<b>15-18 cont'd</b>				
<b>01</b>	<b>Metropolitan Herdman, Porteus, Illescas, Healey</b>	<b>MR</b>	<b>3:55.52</b>	<b>400 yd. med. relay</b>	<b>3:26.19</b>	<b>PV</b>	<b>Potomac Valley Fishman, Velez, Galindo, Anstrom</b>	<b>01</b>

\*National All-Star Relay Records as well as Eastern Zone Record.