



Niagara Tech Suit Interpretation

March 11th, 2019

The Niagara LSC Board of Directors approved early adoption of the 12 & Under technical suit ban language, approved by the 2018 USA Swimming House of Delegates, effective March 11th, 2019. Swimmers ages twelve years old and younger shall not compete in “Tech” suits during Niagara sanctioned competitions.

Until such a time when manufacturers have placed ‘12 & Under’ markings on their suits that meet the requirements of the USA Swimming language, Niagara LSC shall define a “Tech” suit as **any competitive racing suit with bonded, taped, or meshed seams**. Twelve and under athletes are permitted to use any suit that is FINA approved and has stitched/sewn seams.

The following suit list is posted on the Niagara Swimming website. This is **NOT** a complete list of suits! The suit list is constantly changing and will be updated on occasion. Ultimately, it is the swimmer, parent, and coach’s responsibility to adhere to the rules regardless of the suit list.

The following list are **examples** of suits that are **not permitted** for 12 & Under Athletes:

- BLUE SEVENTY: NERO, FIT, R-10
- JAKED: J12 WATER ZERO, LIMITED EDITION J11 STEEL, J11 WATER ZERO, JKATANA, JKEEL, JRUSH
- TYR: TRACER SERIES, AVICTOR, AVICTOR PRELUDE, AP12
- SPEEDO LZR X, LZR ELITE, LZR ELITE 2
- COMPRESSION NIKE SWIM NG
- ARENA CARBON SERIES (AIR, PRO, ETC)
- ADIDAS ADIZERO
- DOLFIN TITANIUM
- AQUASPHERE MP EXPRESSO
- FINIS VAPOR
- HUUB FINA TECHNICAL

The following list are **examples** of suits that are **permitted** for 12 & Under Athletes (classic hip cut or knee skin):

- SPEEDO: AQUABLADE (male & female), POWER PLUS (female), FASTSKIN 2/FSII (male & female)
- SPEEDO: LZR PRO (male & female)
- ARENA ST (male & female)
- TYR: FUSION 2, THRESHER