

## 2017 Eastern Zone Summer Senior Zone Qualifying Times

WOMEN			Events	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
<b>28.89</b>	<b>28.09</b>	<b>25.29</b>	<b>50 Freestyle</b>	<b>22.69</b>	<b>25.19</b>	<b>25.99</b>
<b>1:01.79</b>	<b>1:00.19</b>	<b>54.19</b>	<b>100 Freestyle</b>	<b>49.29</b>	<b>54.79</b>	<b>56.39</b>
<b>2:12.89</b>	<b>2:09.69</b>	<b>1:56.79</b>	<b>200 Freestyle</b>	<b>1:47.29</b>	<b>1:59.09</b>	<b>2:02.29</b>
<b>4:41.59</b>	<b>4:35.19</b>	<b>5:10.39</b>	<b>400 / 500 Freestyle</b>	<b>4:50.39</b>	<b>4:17.29</b>	<b>4:23.69</b>
<b>9:42.59</b>	<b>9:29.79</b>	<b>10:43.79</b>	<b>800 / 1000 Freestyle</b>	<b>10:06.49</b>	<b>8:57.09</b>	<b>9:09.89</b>
<b>18:36.29</b>	<b>18:12.29</b>	<b>18:00.99</b>	<b>1500 / 1650 Freestyle</b>	<b>16:50.59</b>	<b>17:01.49</b>	<b>17:25.49</b>
<b>1:08.39</b>	<b>1:07.19</b>	<b>1:00.49</b>	<b>100 Backstroke</b>	<b>55.29</b>	<b>1:01.39</b>	<b>1:02.59</b>
<b>2:27.99</b>	<b>2:25.59</b>	<b>2:11.09</b>	<b>200 Backstroke</b>	<b>2:00.19</b>	<b>2:13.49</b>	<b>2:15.89</b>
<b>1:18.59</b>	<b>1:16.59</b>	<b>1:08.99</b>	<b>100 Breaststroke</b>	<b>1:02.59</b>	<b>1:09.49</b>	<b>1:11.49</b>
<b>2:50.79</b>	<b>2:46.79</b>	<b>2:30.19</b>	<b>200 Breaststroke</b>	<b>2:16.19</b>	<b>2:31.19</b>	<b>2:35.19</b>
<b>1:07.59</b>	<b>1:06.19</b>	<b>59.59</b>	<b>100 Butterfly</b>	<b>54.39</b>	<b>1:00.39</b>	<b>1:01.79</b>
<b>2:30.79</b>	<b>2:27.99</b>	<b>2:13.29</b>	<b>200 Butterfly</b>	<b>2:01.99</b>	<b>2:15.49</b>	<b>2:18.29</b>
<b>2:30.29</b>	<b>2:27.09</b>	<b>2:12.49</b>	<b>200 Individual Medley</b>	<b>2:00.59</b>	<b>2:13.89</b>	<b>2:17.09</b>
<b>5:17.19</b>	<b>5:10.79</b>	<b>4:39.99</b>	<b>400 Individual Medley</b>	<b>4:16.69</b>	<b>4:44.99</b>	<b>4:51.39</b>
<b>1:57.79</b>	<b>1:56.19</b>	<b>1:44.59</b>	<b>4 X 50 Freestyle Relay</b>	<b>1:32.69</b>	<b>1:42.19</b>	<b>1:45.49</b>
<b>4:14.99</b>	<b>4:10.89</b>	<b>3:45.79</b>	<b>4 X 100 Freestyle Relay</b>	<b>3:21.89</b>	<b>3:44.09</b>	<b>3:48.69</b>
<b>9:06.29</b>	<b>8:58.89</b>	<b>8:05.39</b>	<b>4 X 200 Freestyle Relay</b>	<b>7:22.39</b>	<b>8:06.69</b>	<b>8:14.79</b>
<b>4:44.09</b>	<b>4:40.29</b>	<b>4:12.29</b>	<b>4 X 100 Medley Relay</b>	<b>3:46.99</b>	<b>4:15.59</b>	<b>4:19.69</b>

**Times achieved in sanctioned, approved or observed competition since January 1<sup>st</sup> 2016.**

## 2017 Eastern Zone Summer Senior Zone Bonus Qualifying Times

WOMEN			Events	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
29.39	28.59	25.79	50 Freestyle	23.19	25.69	26.49
1:02.79	1:01.19	55.19	100 Freestyle	50.29	55.79	57.39
2:14.89	2:11.69	1:58.79	200 Freestyle	1:49.29	2:01.09	2:04.29
4:45.59	4:39.19	5:15.39	400 / 500 Freestyle	4:55.39	4:21.29	4:27.69
9:42.59	9:29.79	10:43.79	800 / 1000 Freestyle	10:06.49	8:57.09	9:09.89
18:36.29	18:12.29	18:00.99	1500 / 1650 Freestyle	16:50.59	17:01.49	17:25.49
1:09.39	1:08.19	1:01.49	100 Backstroke	56.29	1:02.39	1:03.59
2:29.99	2:27.59	2:13.09	200 Backstroke	2:02.19	2:15.49	2:17.89
1:19.59	1:17.59	1:09.99	100 Breaststroke	1:03.59	1:10.49	1:12.49
2:52.79	2:48.79	2:32.19	200 Breaststroke	2:18.19	2:33.19	2:37.19
1:08.59	1:07.19	1:00.59	100 Butterfly	55.39	1:01.39	1:02.79
2:32.79	2:29.99	2:15.29	200 Butterfly	2:03.99	2:17.49	2:20.29
2:32.29	2:29.09	2:14.49	200 Individual Medley	2:02.59	2:15.89	2:19.09
5:21.19	5:14.79	4:43.99	400 Individual Medley	4:20.69	4:48.99	4:55.39
1:57.79	1:56.19	1:44.59	4 X 50 Freestyle Relay	1:32.69	1:42.19	1:45.49
4:14.99	4:10.89	3:45.79	4 X 100 Freestyle Relay	3:21.89	3:44.09	3:48.69
9:06.29	8:58.89	8:05.39	4 X 200 Freestyle Relay	7:22.39	8:06.69	8:14.79
4:44.09	4:40.29	4:12.29	4 X 100 Medley Relay	3:46.99	4:15.59	4:19.69

**Bonus events:**

**Make 1 individual event receive 3 bonus event.**

**Make 2 individual events receive 2 bonus events.**

**Make 3 individual events received 1 bonus event.**

**Make 4 or more individual events receive 0 bonus event, not to exceed daily and meet limits.**

**No Bonus swims for the 800M or 1500M unless you qualify for one event distance event 800M or longer you may swim the other distance event, if you so choose.**