

Unofficial Time Line for Preliminary Sessions

2017 EZ-South Speedo Sectional

Christiansburg VA

March 30-April 2 2017

Thursday, March 30, 2017				Sunday, April 2, 2017					
		heats	Time			entries heats			
1	W	1650 Free	2	4:30 PM	27	W	200 Free Relay	3	9:00 AM
2	M	1000 Free	5		28	M	200 Free Relay	3	9:06 AM
Estimated Session End				5:59 PM	Break- 5 Min				
-Heats-Slow to Fast Not Alter					31	W	200 Back	9	9:17 AM
					32	M	200 Back	10	9:46 AM
					33	W	100 Free	12	10:15 AM
Friday, March 31, 2017					34	M	100 Free	13	10:32 AM
		heats	Time		35	W	200 IM	11	10:49 AM
3	W	200 Free	9	9:00 AM	36	M	200 IM	12	11:19 AM
4	M	200 Free	10	9:21 AM	Break- 5 Min				
5	W	100 Breast	10	9:44 AM	37	W	400 Medley Relay	4	11:53 AM
6	M	100 Breast	11	10:00 AM	38	M	400 Medley Relay	4	12:12 PM
7	W	100 Fly	11	10:17 AM	Estimated Session End 12:29 PM				
8	M	100 Fly	14	10:33 AM	Distance				
9	W	400 IM	7	10:53 AM	29	W	1000 Free	2	3:16 PM
10	M	400 IM	7	11:29 AM	30	M	1650 Free	3	
Break- 5 Min					Estimated Session End 4:30 PM				
11	W	800 Free Rela	2	12:07 PM					
12	M	800 Free Relay	2	12:24 PM					
Estimated Session End				12:40 PM					
Saturday, April 1, 2017					Note: Shaded areas are Pre Scratch				
		heats	time		Un Shaded are Post Scratch				
13	W	200 Medley Rε	4	9:00 AM	*	Scratch box for next day's event closes at			
14	M	200 Medley Rε	4	9:10 AM	*	6:30 PM Except Friday events - 5:00 PM Thur			
Break- 5 Min					*	All event start times are estimates! Plan based on meet progress.			
15	W	200 Fly	9	9:24 AM	*	400 IM and 500 Free will swim fastest 4 heats			
16	M	200 Fly	10	9:49 AM	*	slow to fast then the remaining heats will be			
17	W	50 Free	15	10:14 AM	*	swam fast to slow alter W/M. The M500 will be			
18	M	50 Free	13	10:27 AM	*	swam in Pool 2.			
19	W	200 Breast	9	10:39 AM	*	SUN Dist- Fastest heat of each swim in Finals.			
20	M	200 Breast	9	11:06 AM	*	Prelim-swam slow-fast alter W/M			
21	W	100 Back	10	11:30 AM	*	Relays- 200s, 400s and 800 fastest 2 heats			
22	M	100 Back	12	11:50 AM	*	swim at Finals			
23	W	500 Free	5	12:13 PM	*				
Break- 5 Min					~	AM- Sunday Relays and Dist. can choose to			
25	W	400 Free Rela	4	12:46 PM		swim in Prelims			
Estimated Session End				1:03 PM					
Pool 2									
24	M	500 Free	7	12:18 PM					
Break- 5 Min									
26	M	400 Free Relay	3	1:00 PM					
Estimated Session End				1:13 PM					