

## 2012 Eastern Zone South Region LCM Sectional Qualifying Times

March 22-24, 2012

Hosted by Curl-Burke Swim Club @ George Mason University, Fairfax, VA

Women			EVENT	Men		
LCM	SCM	SCY		SCY	SCM	LCM
28.59	28.19	25.39	<b>50 Freestyle</b>	22:49	24.99	25.59
1:01.89	1:00.89	54.79	<b>100 Freestyle</b>	48.99	54.39	55.69
2:12.69	2:10.79	1:57.49	<b>200 Freestyle</b>	1:46.49	1:58.09	2:01.49
4:38.19	4:32.59	5:12.49	<b>500 Freestyle</b>	4:48.39	4:10.89	4:18.59
9:34.99	9:19.99	10:40.29	<b>1000 Freestyle</b>	10:09.89	8:58.59	9:11.39
18:16.79	17:43.19	17:54.39	<b>1650 Freestyle</b>	16:43.99	16:35.19	17:21.99
1:09.39	1:07.89	1:01.09	<b>100 Backstroke</b>	55:09	1:01.19	1:02.89
2:28.99	2:26.49	2:11.89	<b>200 Backstroke</b>	1:59.39	2:12.59	2:15.39
1:18.29	1:16.49	1:08.89	<b>100 Breaststroke</b>	1:02.19	1:09.09	1:10.39
2:49.39	2:47.09	2:30.49	<b>200 Breaststroke</b>	2:15.39	2:30.29	2:32.99
1:07.49	1:06.79	1:00.09	<b>100 Butterfly</b>	54.09	1:00.09	1:00.89
2:29.49	2:28.19	2:13.49	<b>200 Butterfly</b>	2:01.49	2:14.89	2:16.29
2:30.59	2:26.59	2:12.49	<b>200 Individual Medley</b>	1:59.79	2:12.99	2:16.59
5:22.19	5:09.69	4:39.99	<b>400 Individual Medley</b>	4:15.09	4:43.19	4:49.89
9:06.29	8:58.89	8:05.39	<b>800 Freestyle Relay</b>	7:22.39	8:06.69	8:14.79
4:14.99	4:10.89	3:45.79	<b>400 Freestyle Relay</b>	3:21.89	3:44.09	3:48.69
1:57.79	1:56.19	1:44.59	<b>200 Freestyle Relay</b>	1:32.69	1:42.19	1:45.49
4:44.09	4:40.29	4:12.29	<b>400 Medley Relay</b>	3:46.99	4:15.59	4:19.69
4:44.09	4:40.29	4:12.29	<b>**200 Medley Relay</b>	3:46.99	4:15.59	4:19.69

\*\* Use the 400 Medley Relay Qualifying Time

Qualifying Period: January 1, 2011 through entry deadline for Spring Meet.