



## Administrative Information

<b><u>Meet Referee:</u></b>	Peter LaGow	<a href="mailto:peterlagow@gmail.com">peterlagow@gmail.com</a>	
<b><u>Meet Directors:</u></b>	Jeff Berghoff	<a href="mailto:berghoff@pitt.edu">berghoff@pitt.edu</a>	412-849-2350
	Scott Wilshire	<a href="mailto:scott.wilshire@comcast.net">scott.wilshire@comcast.net</a>	412-352-9127
	Greg Stein	<a href="mailto:g.allion@verizon.net">g.allion@verizon.net</a>	412-779-4745
<b><u>AMS Officials Chair:</u></b>	Bob Mermelstein	<a href="mailto:bob.mermelstein@gmail.com">bob.mermelstein@gmail.com</a>	
<b><u>Facility Director:</u></b>	Kevin McLaughlin	<a href="mailto:kjmclaug@education.pitt.edu">kjmclaug@education.pitt.edu</a>	412-383-8774

## Facility Info

### **Joe C. Trees Pool, 3469 Allequippa St., Pittsburgh, PA 15261**

Trees Pool was built in 1962 and has undergone several renovations including a 2008 renovation that upgraded the filtration system and shortened the pool to 50 meters from its original 55 yards. Trees Pool also contains a separate 6-lane 25 yard pool for continuous warm-up and warm-down. The competition pool is 8 lanes, 50 meters from wall to wall. It ranges from a depth of 16 feet to 12 feet at the start end and slopes to a depth of 4 feet at the turn end. The competition course has been certified in accordance with Article 104.2.2C (4) of the USA Swimming Rules and Regulations. Trees Pool has been host to:

- 1963 AAU National Championships
- 1979, 1982 Women's Collegiate AIAW National Championship
- 2005 Senior Olympic Games
- 2011 National Veterans Wheelchair Games
- Multiple Eastern Zone Long Course Championships
- Numerous ECAC and Big East Conference Collegiate Championships

## Facility Schedule

### **Trees Pool Hours**

Wednesday, August 3	5:00pm – 9:00pm
Thursday, August 4	6:30am – 9:00pm (or 30 minutes after the last event, whichever is later)
Friday, August 5	6:30am – 9:00pm (or 30 minutes after the last event, whichever is later)
Saturday, August 6	6:30am – 9:00pm (or 30 minutes after the last event, whichever is later)
Sunday, August 7	6:30am – 9:00pm (or 30 minutes after the last event, whichever is later)

### **Credentials pickup for Swimmers, Coaches, & Officials**

Wednesday, August 3	4:00pm – 9:00pm
Thursday, August 4	6:30am – 10:00am
Friday, August 5	6:30am – 9:00am

As needed - contact Jeff Berghoff, Scott Wilshire or Greg Stein.

**Credentials must be worn at all times. \$10 will be charged for replacement of badges.**

## Ticket Information

Due to parking costs, there will be no admissions fees. Heat Sheets will be \$5 for prelims and \$2 for finals.



















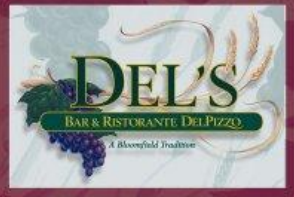














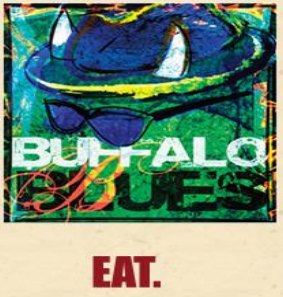





	<p><b>Uncle Sam's Subs</b>                  210 Oakland Avenue                  Pittsburgh, PA 15213                  (412) 621-1885</p> <p><a href="http://www.unclesamssubs.com/">http://www.unclesamssubs.com/</a></p> <p>Locations on campus and in Squirrel Hill, minutes away</p>	<p>Considered some of the best subs in town. A local company with locations throughout Pittsburgh. Can arrange delivery as well.</p>
	<p><b>Joe Mama's Italian</b>                  3716 Forbes Ave.                  Pittsburgh, PA 15213                  (412) 621-7282</p> <p><a href="http://www.joemamas.com/">http://www.joemamas.com/</a></p> <p>Located on Pitt's campus.</p>	<p>Excellent local Italian food right on campus. Able to do buffet style for you and banquet style for large numbers. Contact info is also on their website.</p>
	<p><b>Penn Station Subs</b>                  4815 Centre Ave.                  Pittsburgh, PA 15213                  (412) 688-7366</p> <p><a href="http://psburgh.com/">http://psburgh.com/</a></p> <p>Located minutes from campus.</p>	<p>Excellent subs and sandwiches. Able to do catering for you.</p>
	<p><b>Panera</b>                  Forbes Ave – (412) 683-3727                  Blvd of Allies – (412) 683-9616                  Centre Ave – (412) 687-2177</p> <p><a href="http://www.panerabread.com/">http://www.panerabread.com/</a></p> <p>3 Locations on or within 5 minutes of Pitt's campus.</p>	<p>Several locations on or near campus. Eat in or cater. Have box lunch options to feed the whole team, lunch or dinner.</p>
	<p><b>Bruegger's Bagels</b>                  3714 Forbes Ave.                  Pittsburgh, PA 15213                  (412) 682-6360</p> <p><a href="http://www.brueggers.com/">http://www.brueggers.com/</a></p> <p>Located on campus.</p>	<p>Catering available for breakfast, lunch, or dinner.</p>





	<p><b>The Spaghetti Warehouse</b> 2601 Smallman Street Pittsburgh, PA 15222 (412) 261-6511</p> <p><a href="http://www.meatballs.com/">http://www.meatballs.com/</a></p> <p>Located in Pittsburgh's historic Strip District</p>	<p>Able to handle large groups of 50 or more as well as cater for you. 10-15 minutes from campus.</p>
	<p><b>Del's Restaurant</b> 4428 Liberty Ave. Pittsburgh, PA 15224 (412) 683-1448</p> <p><a href="http://www.delsrest.com/">http://www.delsrest.com/</a></p> <p>Located in Bloomfield, minutes from the pool</p>	<p>Able to handle large groups and cater as well.</p>
	<p><b>Qdoba</b> Forbes Ave. – (412) 802-7866 Centre Ave. – (412) 621-2003</p> <p><a href="http://www.qdoba.com/default.aspx">http://www.qdoba.com/default.aspx</a></p> <p>2 Locations right on or near campus</p>	<p>Has the ability to cater. Other location on the South Side as well, minutes from campus.</p>
	<p><b>Chipotle</b> 3619 Forbes Ave. Pittsburgh, PA 15213 (412) 621-1557</p> <p><a href="http://www.chipotle.com">www.chipotle.com</a></p> <p>Located right on campus</p>	<p>They have an alternate site a mile from campus as well.</p>
	<p><b>The Cheesecake Factory</b> 415 South 27<sup>th</sup> Street Pittsburgh, PA 15203 (412) 431-7800</p> <p><a href="http://www.thecheesecakefactory.com/#lobby">http://www.thecheesecakefactory.com/#lobby</a></p> <p>Located in Pittsburgh's South Side Works</p>	<p>Minutes from campus on the other side of the Monongahela River.</p>



	<p><b>Lu Lu's Noodles</b>                  400 South Craig Street                  Pittsburgh, PA 15213                  (412) 687-7777</p> <p><a href="http://www.urbanspoon.com/r/23/271003/restaurant/Oakland/Lu-Lus-Noodles-Pittsburgh">http://www.urbanspoon.com/r/23/271003/restaurant/Oakland/Lu-Lus-Noodles-Pittsburgh</a></p> <p>Locate on Pitt's campus</p>	<p>Minutes from the pool near the museums and Cathedral of Learning. A popular restaurant with the college crowd and local high school crowd.</p>
	<p><b>Gullifty's</b>                  1922 Murray Ave.                  Pittsburgh, PA 15217                  (412) 521-8222</p> <p><a href="http://www.gulliftys.us/">http://www.gulliftys.us/</a></p> <p>Located minutes from campus</p>	<p>Located in Pittsburgh's Squirrel Hill neighborhood. Noted for some of the best desserts in Pittsburgh. A wide ranging lunch and dinner menu.</p>
	<p><b>Alexander's Italian Bistro</b>                  5104 Liberty Ave.                  Pittsburgh, PA 15224                  (412) 687-8741</p> <p><a href="http://www.alexandersitalianbistro.com/aboutus.html">http://www.alexandersitalianbistro.com/aboutus.html</a></p> <p>Located in Pittsburgh's Bloomfield neighborhood, minutes from campus</p>	<p>Off-campus fantastic Italian fare. Have the abilities to serve large groups as well as cater.</p>
	<p><b>Lot 17 Bar and Grill</b>                  4617 Liberty Ave.                  Pittsburgh, PA 15224                  (412) 687-8117</p> <p><a href="http://www.lot17.net">www.lot17.net</a></p> <p>Located in Bloomfield</p>	<p>One of the top sports bars in Pittsburgh with excellent food and the ability to cater for you.</p>
	<p><b>Union Grill</b>                  413 South Craig Street                  Pittsburgh, PA 15213                  (412) 681-8620</p> <p><a href="http://www.urbanspoon.com/r/23/271829/restaurant/Oakland/Union-Grill-Pittsburgh">http://www.urbanspoon.com/r/23/271829/restaurant/Oakland/Union-Grill-Pittsburgh</a></p> <p>Located on campus near museums</p>	<p>A wide variety of fare with reasonable prices located near the Cathedral and the museums between Pitt's and Carnegie Mellon University's campuses.</p>

	<p><b>The Elbow Room</b> 5533 Walnut Street Pittsburgh, PA 15232 (412) 441-5222</p> <p><a href="http://www.elbowroompittsburgh.com/">http://www.elbowroompittsburgh.com/</a></p> <p>Off campus, minutes from the pool</p>	<p>Located in Pittsburgh's Shadyside neighborhood, a short drive down Fifth Avenue from campus. A wide ranging menu of salads, burgers. And sandwiches with free delivery.</p>
	<p><b>Buffalo Blues</b> 216 South Highland Ave. Pittsburgh, PA 15206 (412) 362-5837</p> <p><a href="http://www.buffalobluespittsburgh.com/">http://www.buffalobluespittsburgh.com/</a></p> <p>Off campus, 10-15 minutes from pool</p>	<p>A wide ranging menu with catering and free delivery available. Excellent sandwiches and wraps, as well as salads, burgers, and entrees.</p>
	<p><b>Joe's Crab Shack</b> 226 W Station Square Dr. Pittsburgh, PA 15219 (412) 690-2404</p> <p><a href="http://www.joescrabshack.com/locations/store/default.aspx?store=93">http://www.joescrabshack.com/locations/store/default.aspx?store=93</a></p> <p>10-15 minutes from the pool</p>	<p>Located right on the water with a great view of downtown in Pittsburgh's historic Station Square. Great service and atmosphere and an excellent menu (not just seafood).</p>
	<p><b>Buca Di Beppo</b> 3 Station Square Pittsburgh, PA 15219</p> <p><a href="http://www.bucadibeppo.com/locations/italian_restaurant_pittsburgh_station_square_pa.aspx">http://www.bucadibeppo.com/locations/italian_restaurant_pittsburgh_station_square_pa.aspx</a></p> <p>10-15 minutes from the pool</p>	<p>Located on the water in Pittsburgh's historic Station Square. Able to host larger groups.</p>
	<p><b>Papa John's Pizza</b> 4815 Centre Ave. Pittsburgh, PA 15213 (412) 682-7272</p> <p><a href="http://www.papajohns.com/index.html">http://www.papajohns.com/index.html</a></p> <p>5-10 minutes from pool</p>	<p>Pizzas for the whole team. Fast and Easy.</p>



	<p><b>Larry &amp; Carol's Pizza</b>                  410 Semple St.                  Pittsburgh, PA 15213                  412-687-1189</p> <p><a href="http://www.larryncarolspizza.com/">http://www.larryncarolspizza.com/</a></p> <p>On Campus</p>	<p>Salads, pizzas, pastas, sandwiches, calzones and wedgies. Available for pickup, delivery, and catering.</p>
	<p><b>The Original Hot Dog Shop</b>                  3901 Forbes Ave.                  Pittsburgh, PA 15213                  412-621-7388</p> <p><a href="http://www.urbanspoon.com/r/23/271241/restaurant/Oakland/Original-Hot-Dog-Shop-Pittsburgh">http://www.urbanspoon.com/r/23/271241/restaurant/Oakland/Original-Hot-Dog-Shop-Pittsburgh</a></p> <p>On Campus</p>	<p>A Pittsburgh tradition, the "O" opened in 1960 to serve the crowds at the old Forbes Field baseball stadium. A lot of food for a little price.</p>
	<p><b>Primanti Brothers</b>                  3803 Forbes Ave.                  Pittsburgh, PA 15213                  412-621-4444</p> <p><a href="http://www.primantibros.com/">http://www.primantibros.com/</a></p> <p>On Campus</p>	<p>Another Pittsburgh tradition since 1933 as seen on the Travel Channel's <i>Man v. Food</i> as well as their "Sandwich Paradise" section on their <i>Food Paradise</i> shows. Sandwiches unlike any you've ever had.</p>
	<p><b>Dave &amp; Andy's</b>                  207 Atwood St.                  Pittsburgh, PA 15213                  412-681-9906</p> <p><a href="http://www.urbanspoon.com/r/23/270465/restaurant/Oakland/Dave-Andys-Pittsburgh">http://www.urbanspoon.com/r/23/270465/restaurant/Oakland/Dave-Andys-Pittsburgh</a></p> <p>On Campus</p>	<p>Need something to cool off with in a hot August? Dave &amp; Andy's is the place to be. Homemade ice cream right on the premises. Rated by USA Today as one of the nation's top "non-chain" ice cream shops. You can read the article on the wall. CASH ONLY.</p>

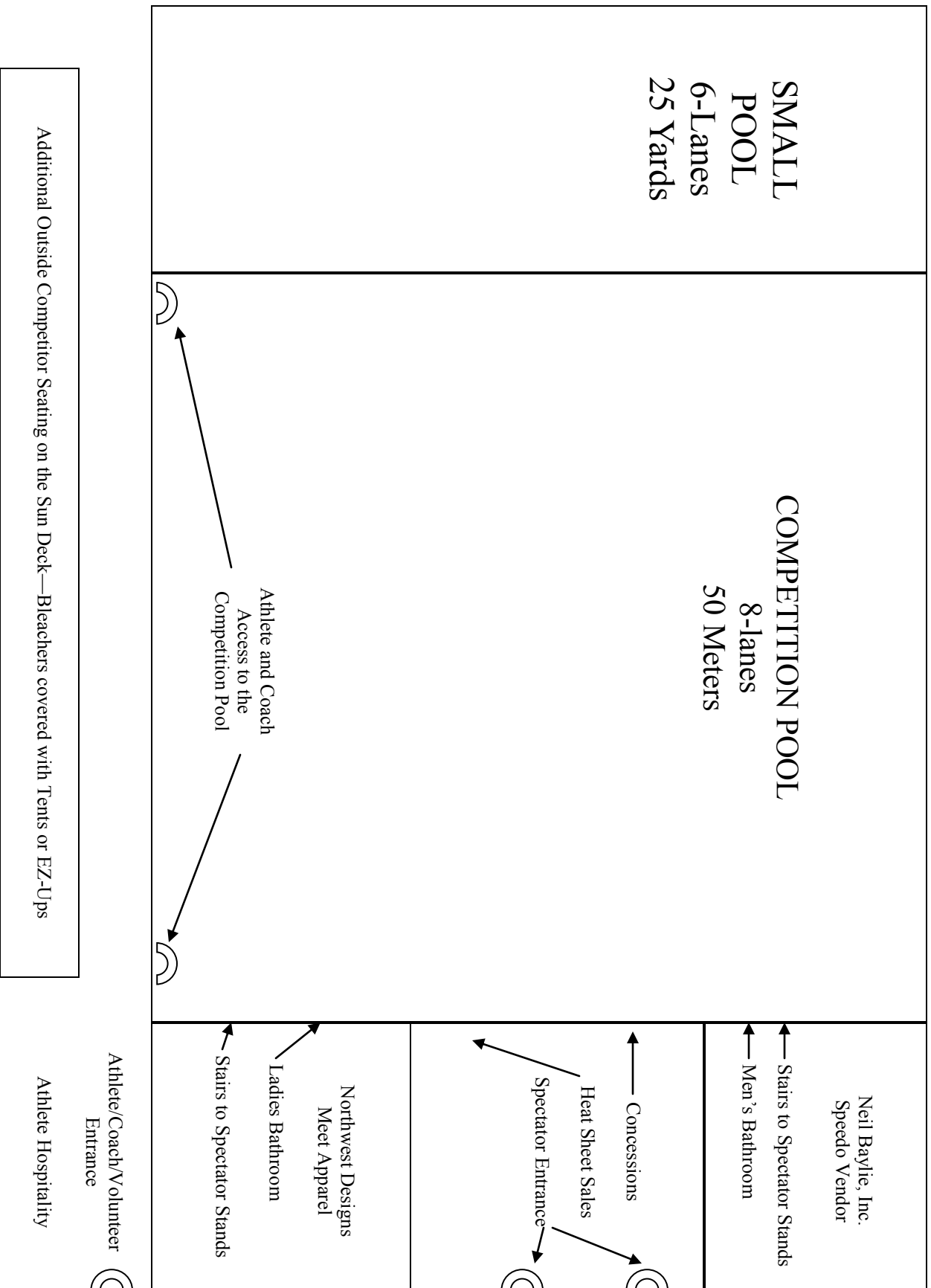
<http://www.pittsburghpanthers.com/travel/pitt-travel-center.html> for more choices.



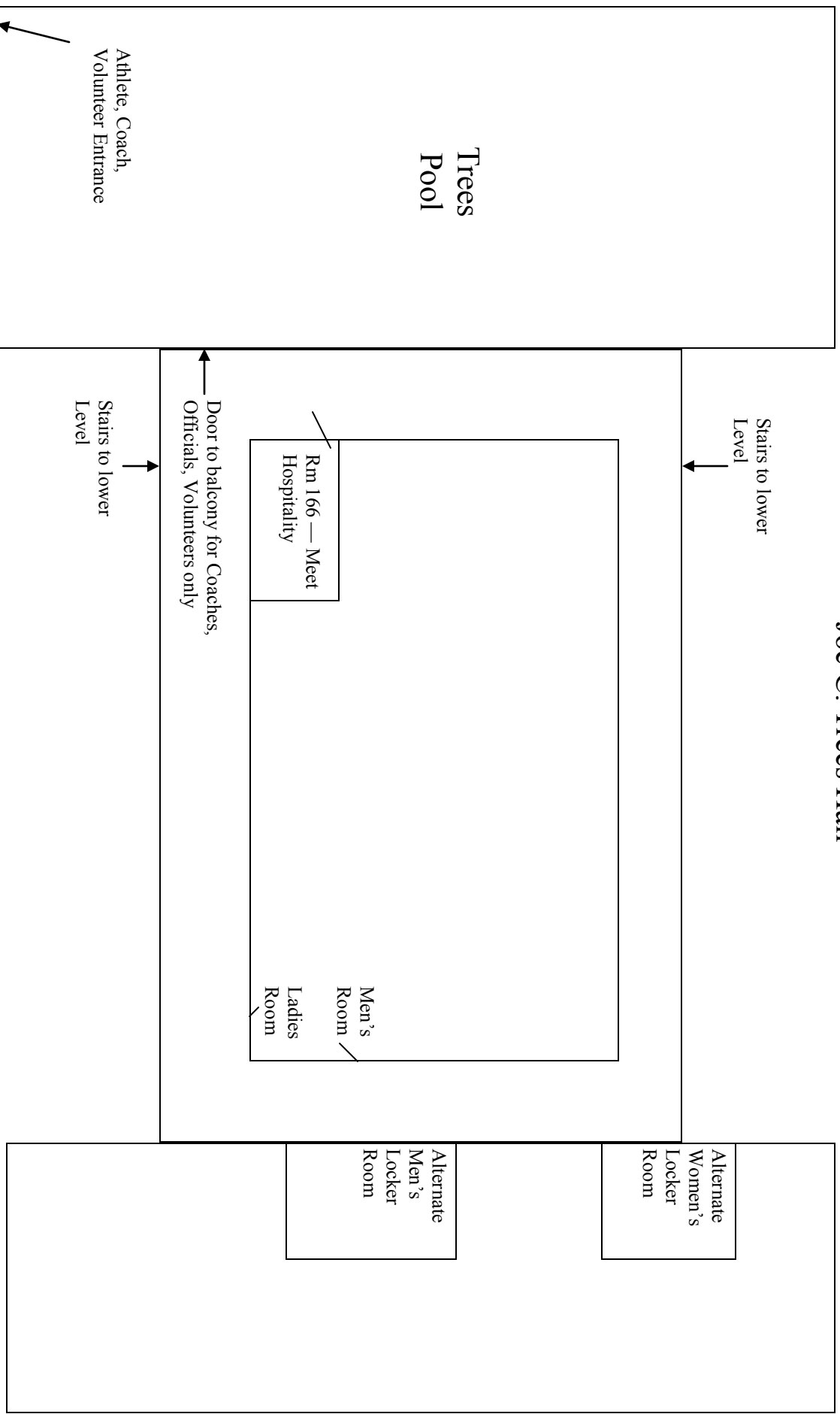


# TREES POOL BUILDING LAYOUT

MAIN LOBBY



# Joe C. Trees Hall



Allequippa Street