

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 11-12 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	1:55.80	NJ	Metro Area Life Time 2022 MR SSC TT @ Summer Mad Dash Invite	12 Tran, Kim Thien 12 Lin, Clytie Alyssa 11 Matlosz, Katiana Sloan 12 Tan, Alexandra	12 Lee, Corelle	12 Delatush, Lucy Gene	12 Bedri, Ayah Mazen
2	1:57.04	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	29.06 12 Bynum, Madeline Sarah	12 Francis, Lane Margaret	12 Harris, Savannah J.	12 Causey, Charlotte E.
3	1:57.33	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	29.10 12 Mounier, Victoria	11 Jorsling, Jules A	11 McGlynn, Clare Ester	12 Jorsling, Jisella C
4	1:57.55	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	29.98 12 Wei, Sara 11 Tibb, Aahana 12 Lee, Lovy 12 Ng, Kaitlyn 12 Sowa, Alicja	11 Su, Laine J.Y.	11 Mulder, Elizabeth Anna	12 Kim, Stephanie Y
5	1:59.03	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	30.15 12 Eubank, Mia L. 11 Moore, Caitlyn N. 12 Santos, Candice R	11 Patterson, Brantley Ashton	12 Tang, Natalie Jiayu	12 Hull, Elliana Grace
6	1:59.16	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	29.97 12 Karafin, Sasha	12 Hayes, Allison E	12 Diaz, Una Maria	12 Zangaro, Vivienne Faith
7	1:59.85	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 NC SGSA Eastern Invitational	30.08 12 Meyer, Amelie Grace	12 Browne, Virginia Grace	11 King, Sedona Nadine	12 Ayres, Meghan D
7	1:59.85	PV	Machine Aquatics 2022 PV LC 12&U Championships	29.51 12 Wertzler, Eleanor Grace	12 Shumate, Kate Elizabeth	11 Kass, Erin Naomi	12 Bui, Emma Thanh Tam
9	2:00.03	PV	Nation's Capital Swim Club 2022 PV LC 12&U Championships	12 Edwards, Amelia Lurabelle	12 Roemer, Samantha Reese	12 Trinh, Ellie Mae	12 Kim, Eurie
10	2:01.00	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	30.32 12 Johnson, Evangeline Neola	11 Birch, Elizabeth Kim	12 Lockwood, Bridget Helen	11 Yang, Chloe *

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11	2:01.25	MA	York YMCA 2022 MA LCM JOs	30.74 12 Navari, Isabella G	12 Rosenbach, Bryn Laura	12 Clark, Zhoie A	12 Gallimore, Amber J
12	2:01.42	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	29.61 12 Baring, Olivia Cardale	11 Spencer-Edwards, Lauren Antonia	12 Flouras, Anastasia	11 Bak, Julia
13	2:01.80	PV	Occoquan Swimming Inc 2022 FL ISCA Summer Elite Showcase	30.83 12 Stoewer, Milanna N	12 Simmons, Victoria Anne	12 Mercer, Madeleine Olivia	12 Aldeguer, Ariana Diez
14	2:01.93	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	30.79 12 Devito, Isabella Caylee	12 Husted, Riley Juliana	11 Melchior, Ava Grace	12 McGlinchey, Simone I
15	2:02.23	MA	Jersey Wahoos 2022 MA LCM JOs	27.71 12 Derivaux, Audrey Rose	11 Callahan, Amelia Paige	11 Breeding, Elizabeth Conway	11 Gatesman, Samantha Lynn
16	2:02.25	MR	Westchester Aquatic Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	30.80 12 Kang, Sunny	11 Behrend, Molly C	11 Decasseres, Brianna O	12 Jourdy, Serene Sykes
17	2:02.56	NI	Buffalo Area Aquatic Club 2022 NI LSC Long Course Champi	30.41 12 Keleher, Elena Maragret	12 Stancliff, Katherine Jada	12 Gaskill, Leah Louise	11 Gaskill, Ellie Elizabeth
18	2:02.79	PV	Occoquan Swimming Inc 2022 PV LC 12&U Championships	30.32 12 Aldeguer, Ariana Diez	12 Epifanio, Allyson Esther	12 Hull, Sabrina Michelle	12 Mercer, Madeleine Olivia
19	2:03.03	PV	All Star Aquatics 2022 PV LC 12&U Championships	31.90 11 Thomas, Ellery Marlene	12 Ji, Kaili	11 Kottak, Nadja Anabela	12 Bishop, Alexandra (lexie) Mary
20	2:03.08	MD	Eagle Swim Team Inc. 2022 Sandbox Invitational	30.14 12 Blaha, Sienna Katelyn	11 An, Alicia Dhavin	12 Shipley, Milana Margot	12 Epp, Sandra Lee

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				Leg 1 Age / Name	Leg 2 Age / Name		Leg 3 Age / Name		Leg 4 Age / Name	
1	4:18.20	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:04.24 12 Zangaro, Vivienne Faith	12	Diaz, Una Maria	12	Hayes, Allison E	12	Karafin, Sasha
2	4:18.45	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:05.61 12 Francis, Lane Margaret	12	Eubank, Mia L.	12	Causey, Charlotte E.	12	Bynum, Madeline Sarah
3	4:21.54	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:04.90 12 Harris, Savannah J.	12	Tang, Natalie Jiayu	11	Patterson, Brantley Ashton	12	Santos, Candice R
4	4:22.81	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	1:06.00 11 Jorsling, Jules A	12	Mounier, Victoria	11	McGlynn, Clare Ester	12	Jorsling, Jisella C
5	4:23.80	MD	North Baltimore Aquatic Club 2022 MD LSC LC Championships	1:05.81 11 Vercollone, Hartley Ann	12	Workmeister, Abigail Grace	12	Gallo, Naomi	12	Ryan, Madeline Louise
6	4:25.28	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	1:07.09 12 Devito, Isabella Caylee	12	Husted, Riley Juliana	11	Melchior, Ava Grace	12	McGlinchey, Simone I
7	4:25.32	NE	Crimson Aquatics 2022 NE BGSC LCM 11-14 Champio	1:04.88 12 Pena, Anna Marie	12	Simmons, Norah Clare	12	Pan, Rosalyn Violet	12	Laham, Eliana Rose
8	4:25.35	PV	Occoquan Swimming Inc 2022 FL ISCA Summer Elite Showcase	1:06.25 12 Mercer, Madeleine Olivia	12	Simmons, Victoria Anne	12	Aldeguer, Ariana Diez	12	Stoewer, Milanna N
9	4:26.17	MD	Eagle Swim Team Inc. 2022 MD LSC LC Championships	1:06.80 12 Brissett, Gabrielle Sarai 11 Chesnokov, Alexandra	12	An, Alicia Dhavin	12	Epp, Sandra Lee	12	Blaha, Sienna Katelyn
10	4:26.29	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	1:04.58 12 Meyer, Amelie Grace	12	Browne, Virginia Grace	11	King, Sedona Nadine	12	Ayres, Meghan D
11	4:26.99	NE	Gator Swim Club 2022 NE BGSC LCM 11-14 Champio	1:08.68 12 Pelchat, Emily Elisabeth	12	Zhang, Sarah Ziyu	12	Wienert, Neko Mei	12	Lunardelli, Grace Helen
12	4:27.99	PV	Nation's Capital Swim Club 2022 PV LC 12&U Championships	1:07.11 12 Edwards, Amelia Lurabelle	12	Cushman, Mckinley Lee	12	Roemer, Samantha Reese	12	Kim, Eurie

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13	4:28.08	MA	York YMCA 2022 MA LCM JOs	1:06.33 12 Rosenbach, Bryn Laura	12 Navarro, Leah M	11 Fisher, Natalie M	12 Navari, Isabella G
14	4:28.14	PV	Rockville Montgomery Swim Club 2022 PV LC 12&U Championships	1:06.59 12 Liu, Rachael	11 Huang, Kristine R	12 Decatur, Audrey A	12 Ossi, Hope A
15	4:28.52	MA	Egg Harbor Twp Seahawks 2022 MA LCM JOs	1:03.82 12 Elko, Madelyn E	12 Perez, Ambar A	12 Mokienko, Ella V	11 Perez, Anabelle A
16	4:28.83	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	1:06.05 12 Johnson, Evangeline Neola	11 Birch, Elizabeth Kim	12 Lockwood, Bridget Helen	12 Comisarow, Chloe
17	4:28.86	NJ	Greater Somerset County YMCA Storm 2022 NJ AP GSCY Long Course Cup	1:05.97 12 Hillebrecht, Natalie Claire	12 Steck, Gemma T	12 Lau, Elizabeth	11 Larosa, Giavanna Marie
18	4:29.45	MA	Jersey Wahoos 2022 MA LCM JOs	1:02.30 12 Derivaux, Audrey Rose	11 Callahan, Amelia Paige	11 Breeding, Elizabeth Conway	11 Gatesman, Samantha Lynn
19	4:29.69	MR	Westchester Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:08.03 11 Behrend, Molly C	11 Decasseres, Brianna O	12 Tamura, Lynn	12 Kang, Sunny
20	4:30.21	PV	Machine Aquatics 2022 PV LC 12&U Championships	1:07.40 12 Wertzler, Eleanor Grace	12 Shumate, Kate Elizabeth	11 Kass, Erin Naomi	12 Bui, Emma Thanh Tam

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 11-12 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	2:08.31	VA	NOVA of Virginia Aquatics, Inc 2022 VA Virginia Commonwealth	33.01 12 Francis, Lane Margaret	12 Harris, Savannah J.	12 Eubank, Mia L.	12 Bynum, Madeline Sarah
2	2:09.48	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	34.28 12 Wei, Sara 11 Mulder, Elizabeth Anna 11 Tibb, Aahana 12 Sowa, Alicja 12 Ng, Kaitlyn	12 Kim, Stephanie Y	11 Su, Laine J.Y.	12 Lee, Lovy
3	2:11.28	NJ	Metro Area Life Time 2022 NJ EEX JS Mace Memorial Summer Sizzle	35.52 12 Osean, Emerson 12 Naguib, Anabelle 12 Tan, Alexandra	12 Tran, Kim Thien	12 Lee, Corelle	12 Bedri, Ayah Mazen
4	2:12.72	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	35.37 11 Jorsling, Jules A	12 Mounier, Victoria	12 Jorsling, Jisella C	11 McGlynn, Clare Ester
5	2:13.64	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	34.43 11 Patterson, Brantley Ashton 12 Hull, Elliana Grace 12 Tang, Natalie Jiayu	12 Bonham, Abigail A	11 Moore, Caitlyn N.	12 Causey, Charlotte E.
6	2:14.36	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	34.62 12 Hayes, Allison E	12 Dai, Carina Zifan	12 Zangaro, Vivienne Faith	12 Karafin, Sasha
7	2:15.67	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	34.72 12 Browne, Virginia Grace	12 Ayres, Meghan D	12 Meyer, Amelie Grace	11 King, Sedona Nadine
8	2:16.02	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	33.43 12 Johnson, Evangeline Neola	12 Comisarow, Chloe	11 Birch, Elizabeth Kim	12 Lockwood, Bridget Helen
9	2:16.25	NI	Buffalo Area Aquatic Club 2022 NI LSC Long Course Champi	35.12 12 Stancliff, Katherine Jada	12 Gaskill, Leah Louise	12 Keleher, Elena Maragret	11 Gaskill, Ellie Elizabeth
10	2:16.27	PV	Nation's Capital Swim Club 2022 PV LC 12&U Championships	35.33 12 Roemer, Samantha Reese	12 Fleming, Brianna M	12 Gillespie, Addelyn Paige	12 Kim, Eurie

Eastern Zone 2021-2022 Top Times (LCM)

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11	2:16.28	NJ	New Jersey Race Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	33.91	12 Addotta, Ava Lynn	12 Molettiere, Ila Jane	12 Pagliuca, Brianna A	12 Gill, Hayden J
12	2:16.41	NJ	Greater Somerset County YMCA Storm 2022 NJ SCAR LC Junior Olympics	33.72	12 Steck, Gemma T	12 Lau, Elizabeth	12 Hillebrecht, Natalie Claire	11 Larosa, Giavanna Marie
13	2:16.55	MR	Phoenix Aquatic Club USA LLC 2022 MR Metropolitan Long Course Junior Olympics	35.23	12 Szukics, Lauren Marie	12 Srinivasan, Radhika Tulsi	12 Afanasewicz, Carly Marie	12 Chaploutskiy, Polina
14	2:18.08	MR	Westchester Aquatic Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	33.20	12 Jourdy, Serene Sykes	11 Decasseres, Brianna O	12 Kang, Sunny	11 Behrend, Molly C
15	2:18.59	PV	All Star Aquatics 2022 PV LC 12&U Championships	34.38	12 Ji, Kaili	11 Kottak, Nadja Anabela	12 Bishop, Alexandra (lexie) Mary	11 Thomas, Ellery Marlene
16	2:18.61	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	33.28	11 Bak, Julia	12 Baring, Olivia Cardale	11 Spencer-Edwards, Lauren Antonia	12 Flouras, Anastasia
17	2:19.02	PV	Rockville Montgomery Swim Club 2022 PV LC 12&U Championships	35.95	12 Kraft, Allison M	12 Lee, Audrey A	12 Ma, Enya K	11 Huang, Kristine R
18	2:19.21	PV	Nation's Capital Swim Club 2022 PV LC 12&U Championships	35.32	11 Davy-Brown, Layla Simone	12 Munchel, Dylan Rebecca Mei	12 Cushman, Mckinley Lee	12 Trinh, Ellie Mae
19	2:19.23	NJ	YMCA of Greater Monmouth County 2022 NJ SCAR LC Junior Olympics	36.75	12 Barrows, Grace M	12 Vandebroe, Addison G	12 Price, Lily Charlotte	12 McHugh, Madison J
20	2:19.52	MR	Hauppauge Athletic Association 2022 MR Metropolitan Long Course Junior Olympics	32.77	12 Lucca, Julia	12 Chiofalo, Olivia	12 Lucca, Sarah	12 Cronin, Emma

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<i>Rank</i>	<i>Time</i>	<i>LSC</i>	<i>Club / Meet</i>	<i>Leg1 Time</i>	<i>Leg 2 Age / Name</i>		<i>Leg 3 Age / Name</i>		<i>Leg 4 Age / Name</i>	
1	4:38.87	MR	Long Island Aquatic Club 2022 Sandbox Invitational	1:22.72 11 Lai, Avery M	12	Tom, Victory W	11	Stertsios, Martha M	12	Hsieh, Amelia
2	4:44.63	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:09.73 12 Francis, Lane Margaret	12	Harris, Savannah J.	12	Bynum, Madeline Sarah	12	Eubank, Mia L.
3	4:54.78	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:14.85 12 Causey, Charlotte E.	12	Bonham, Abigail A	11	Moore, Caitlyn N.	12	Santos, Candice R
4	4:55.29	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:14.80 12 Hayes, Allison E	12	Dai, Carina Zifan	12	Zangaro, Vivienne Faith	12	Karafin, Sasha
5	4:55.59	MA	Jersey Wahoos 2022 MA LCM JOs	1:05.96 12 Derivaux, Audrey Rose	12	Schultz, Gretchen Elizabeth	11	Breeding, Elizabeth Conway	11	Gatesman, Samantha Lynn
6	4:56.94	PV	Nation's Capital Swim Club 2022 PV LC 12&U Championships	1:15.03 12 Kim, Eurie	12	Gillespie, Addelyn Paige	12	Fleming, Brianna M	12	Edwards, Amelia Lurabelle
7	4:57.48	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	1:14.23 12 Browne, Virginia Grace	12	Ayres, Meghan D	11	King, Sedona Nadine	12	Meyer, Amelie Grace
8	4:57.69	PV	Rockville Montgomery Swim Club 2022 PV LC 12&U Championships	1:17.28 12 Kraft, Allison M	12	Lee, Audrey A	12	O'Donnell, Audrey C	12	Liu, Rachael
9	4:59.46	NE	Gator Swim Club 2022 NE BGSC LCM 11-14 Champio	1:15.78 12 Wienert, Neko Mei	12	Zhang, Sarah Ziyu	12	Lunardelli, Grace Helen	12	Pelchat, Emily Elisabeth
10	4:59.48	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	1:12.48 12 Johnson, Evangeline Neola	12	Chan, Emily	11	Birch, Elizabeth Kim	12	Comisarow, Chloe
11	4:59.50	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	1:18.14 11 Jorsling, Jules A	12	Mounier, Victoria	12	Jorsling, Jisella C	12	Chevalier, Jane B
12	5:01.07	NE	Charles River Aquatics 2022 NE BGSC LCM 11-14 Champio	1:15.56 11 Andretta, Raffaella	12	Rowe, Madeleine Emilia	12	Gao, Evie	12	Tolokh, Sophia Elaine
13	5:02.50	MD	North Baltimore Aquatic Club 2022 MD LSC LC Championships	1:13.89 11 Vercollone, Hartley Ann	12	Raley, Maya Noelle	12	Gallo, Naomi	12	Ryan, Madeline Louise

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022**

14	5:03.55	NE	Bluefish Swim Club 2022 NE BGSC LCM 11-14 Champio	1:17.65 11 Parent, Natalie Nicole	11 Anderson, Kahlan Yixin	12 Nishikawa-Geitheim, Ayelet	11 Cheung, Kacie Y
15	5:04.63	NJ	Lakeland Hills YMCA 2022 NJ AP GSCY Long Course Cup	1:16.24 12 Bernstein, Megan Claire	12 Macaranas, Charlize Marie Matias	12 Quad, Mariah J	12 Barnard, Lorraine
16	5:05.07	MA	York YMCA 2022 MA LCM JOs	1:15.28 12 Navari, Isabella G	12 Clark, Zhoie A	11 Fisher, Natalie M	12 Rosenbach, Bryn Laura
17	5:05.13	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	1:19.28 12 Cummins, Ella Margaret	11 Stanker, Rhiannon Grace	12 McGlinchey, Simone I	12 Devito, Isabella Caylee
18	5:05.33	PV	Occoquan Swimming Inc 2022 FL ISCA Summer Elite Showcase	12 Mercer, Madeleine Olivia	12 Aldeguer, Ariana Diez	12 Simmons, Victoria Anne	12 Stoewer, Milanna N
19	5:05.63	NI	Buffalo Area Aquatic Club 2022 NI LSC Long Course Champi	1:16.07 12 Stancliff, Katherine Jada	12 Gaskill, Leah Louise	12 Keleher, Elena Maragret	11 Gaskill, Ellie Elizabeth
20	5:05.69	MD	Columbia Aquatics Association 2022 MD LSC LC Championships	1:16.51 12 Carson, Quinlin Mai	11 Kim, Jordan Juno	12 Wang, Eliana Yilin	12 Sekerak, Aviana Marie

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Girls 13-14 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	1:49.69	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	27.71 14 Deguenther, Emory Baralt	14 McKinney, Ava G	13 Linkonis, Ana V.	14 Sleman, Molly M.
2	1:50.06	VA	757 Swim 2022 VA LC Age Group Championships	27.82 13 Liebler, Emma May	14 Heyward, Addison Elizabeth	14 Shnowske, Anna Elizabeth	14 Levin, Isabella Grace
3	1:51.77	NJ	Metro Area Life Time 2022 NJ SCAR LC Junior Olympics	28.53 13 Tran, Kim Thien 14 Kennedy, Aila Isobel 14 Tran, Thi Thien	14 Harkins, Kiera Ellen	14 Flanagan, Annie Bee	14 Jeng, Gloria H
4	1:52.53	VA	Quest Swimming 2022 VA SwimRVA Summer Invitational	13 Callis, Emerson Paige	14 Canada, Raegan Caroline	14 Diggs, Ellen Campbell	14 Vernon, Allison Lucille
5	1:52.83	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	27.44 14 Karim, Azana Sarika	14 Teixidor-Salerno, Alegria Maria	13 Lent, Madeline Jane	14 Wu, Heidi
6	1:52.99	VA	Tide Swimming 2022 VA LC Age Group Championships	28.13 14 Duffy, Dara James	14 Moreno, Caprie Elise	14 Rawlins, Sohalya H R	14 Rawlins, Afsana P R
7	1:53.27	PV	Rockville Montgomery Swim Club 2022 PV LC 13&O Championships	27.97 14 Webb, Addison M	13 Day, Gabrielle Maya	14 Nishnianidze, Anna	14 Webb, Maria D
8	1:53.61	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	29.03 13 Wu, Natalie 13 Mazur, Katerina E 13 Peitler, Maya 13 Lee, Yuna 14 McDonald, Cara B 14 Franks, Ellie 14 Chen, Calista	14 So, Leni A	13 Neal, Jolie	14 Anderson, Samantha R
9	1:53.73	NJ	New Jersey Race Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	28.93 14 Haggerty, Anna Luise Kristina 14 Stokum, Lily C 14 Dorsi, Hope Elizabeth	14 Smith, Mia Catherine	14 Dapra, Natalie Anne	14 Mee, Annie

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10	1:54.07	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	29.17	14	Czirjak, Sara Elizabeth	14	Ismailova, Diana	14	Phillips, Lily E	13	Vanyo, Sofie Nolle
11	1:54.14	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	29.01	14	Hoben, Molly Kristine	14	Derrico, Campbell Kristina	14	Barron, Ella G.	13	Jones, Jasper Dare
12	1:54.66	PV	Nation's Capital Swim Club 2022 PV LC 13&O Championships	28.43	13	Hayward, Audrey Irene	13	Clattenburg, Hannah Carter	14	Koroma, Sophie Isabelle	13	Gudana, Sophie Ioana
13	1:54.91	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	28.54	14	Gutierrez, Lucianna Grace	13	Jiang, Lori	14	Fogli, Caterina	13	Torres, Sofia Rose
14	1:55.08	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	29.06	14	Karnaugh, Petra Maria	14	Jung, Rebekah	14	Perez, Zoe Anne	14	Builes, Mariana Isabel
15	1:55.71	VA	Stingrays Swim Team 2022 VA LC Age Group Championships	29.01	14	Jones, London Elizabeth	13	Duffy, Savannah G	13	Johnson, Sidney Bristol	13	Barrett, Calista Jane
16	1:55.92	PV	All Star Aquatics 2022 PV LC 13&O Championships		13	Belknap, Penelope Maya	14	Morse, Victoria Dana	14	Hinds, Virginia Caroline	13	Groves, Caitlin Christine
17	1:56.14	MR	Three Village Swim Club 2022 MR Metropolitan Long Course Junior Olympics	29.27	14	Griffin, Amelia Grace	14	Emmerich, Ava J	13	Brady, Meghan Elizabeth	14	Herr, Emily Ann
18	1:56.18	MR	Middies Wave Ryders 2022 MR Metropolitan Long Course Junior Olympics	27.60	14	Aikman, Saskia M	14	Lombardo, Kayla	14	Richardson, Davia Kurstin	14	Coulthard, Tamsin A
19	1:56.29	PV	Occoquan Swimming Inc 2022 PV LC 13&O Championships	28.86	13	Hawver, Gabrielle Larissa	14	Grabowski, Arielle Marie	14	Lavedas, Emma Catherine	14	Augustine, Ashlyn Genevieve
20	1:56.42	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	28.78	13	Hagmann, Riley Love	14	Arabadjiev, Cece C	14	Fishbein, Lauren Baker	14	Broening-Chai, Naila Alisa

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1	4:03.27	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	1:01.96 13 Lent, Madeline Jane	14	Wu, Heidi	14	Teixidor-Salerno, Alegra Maria	14	Karim, Azana Sarika
2	4:03.96	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	59.70 14 Deguenther, Emory Baralt	14	Wenert, Olivia Grace	14	Derrico, Campbell Kristina	14	Sleman, Molly M.
3	4:04.10	VA	757 Swim 2022 VA LC Age Group Championships	1:01.21 14 Shnowske, Anna Elizabeth	14	Heyward, Addison Elizabeth	13	Liebler, Emma May	13	Daniel, Campbell Suzanne
4	4:04.15	NE	Crimson Aquatics 2022 NE BGSC LCM 11-14 Champio	1:00.65 14 Moulson, Vivian Whitman	13	Wheeler, Jane Quinette	14	Reppucci, Sara Jean	14	White, Quinn Kely
5	4:04.46	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:01.93 14 So, Leni A	13	Wu, Natalie	14	Franks, Ellie	14	Anderson, Samantha R
6	4:04.76	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	1:01.04 14 Cassidy, Madelyn Rose	14	McGlinchey, Scarlett Rose	14	Warner, Brooke Catherine	14	McMurray, Kylie Nicole
7	4:07.47	MD	North Baltimore Aquatic Club 2022 MD LSC LC Championships	1:01.66 14 Vercollone, Ava Nicole	14	Thompson, Allison Connelly	13	Rommel, Julia Elizabeth	13	Conway, Shannon Christine
8	4:08.15	VA	Tide Swimming 2022 VA LC Age Group Championships	1:00.52 14 Duffy, Dara James	14	Rawlins, Afsana P R	14	Rawlins, Sohalya H R	14	Moreno, Caprie Elise
9	4:09.59	MD	Monocacy Aquatic Club 2022 MD LSC LC Championships	1:01.57 14 Reen, Riley Rebecca	14	Smariga, Anya	14	Corden, Baylee Reese	14	Ingram, Claire O
10	4:09.67	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	59.59 14 Kim, Iris B	14	Jung, Rebekah	14	Turano, Kathleen Lily	14	Karnaugh, Petra Maria
11	4:09.70	NJ	Metro Area Life Time 2022 NJ SCAR LC Junior Olympics	1:02.66 14 Harkins, Kiera Ellen	14	Flanagan, Annie Bee	13	Tran, Kim Thien	14	Jeng, Gloria H
12	4:10.51	NE	Bluefish Swim Club 2022 NE BGSC LCM 11-14 Champio	1:03.76 13 Qi, Aimee Letong	13	Levesque, Margot Anna	13	Zipagan, Jacqueline Miranda	13	Walden, Leah Aileen

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

13	4:11.08	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	1:04.22	14 Czirjak, Sara Elizabeth	14 Ismailova, Diana	14 Shaps, Katherine L	13 Vanyo, Sofie Nolle
14	4:11.67	PV	Rockville Montgomery Swim Club 2022 PV LC 13&O Championships	1:09.66	14 Webb, Addison M	14 Webb, Maria D	13 Day, Gabrielle Maya	14 Nishnianidze, Anna
15	4:12.00	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:03.80	13 Linkonis, Ana V.	14 Hoben, Molly Kristine	13 Kryszon, Kendall Grace	14 McKinney, Ava G
16	4:12.53	MA	Jersey Wahoos 2022 MA LCM JOs	1:02.41	14 Tilger, Camryn Nicole	14 Lehman, Alyce E	13 McNally, Eden Rose	14 Collins, Kali L
17	4:12.62	AM	Allegheny North Swim Club 2022 LE Holtrey Summer Classic	1:02.43	14 Bacu, Claire Patricia	14 Hinkson, Danielle Nicole	14 Dietz, Emma Claire	14 Ogden, Eva Laine
17	4:12.62	AM	Allegheny North Swim Club 2022 LE Holtrey Summer Classic	1:02.43	14 Bacu, Claire Patricia	14 Hinkson, Danielle Nicole	14 Dietz, Emma Claire	14 Ogden, Eva Laine
17	4:12.62	AM	Allegheny North Swim Club 2022 LE Holtrey Summer Classic	1:02.43	14 Bacu, Claire Patricia	14 Hinkson, Danielle Nicole	14 Dietz, Emma Claire	14 Ogden, Eva Laine
17	4:12.62	AM	Allegheny North Swim Club 2022 LE Holtrey Summer Classic	1:02.43	14 Bacu, Claire Patricia	14 Hinkson, Danielle Nicole	14 Dietz, Emma Claire	14 Ogden, Eva Laine
17	4:12.62	AM	Allegheny North Swim Club 2022 LE Holtrey Summer Classic (2)	1:02.43	14 Bacu, Claire Patricia	14 Hinkson, Danielle Nicole	14 Dietz, Emma Claire	14 Ogden, Eva Laine

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 13-14 800 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	8:46.66	VA	757 Swim 2022 VA LC Age Group Championships	2:09.87 13 Liebler, Emma May	14 Heyward, Addison Elizabeth	14 Shnowske, Anna Elizabeth	13 Quinn, Brooke Ashley
2	8:46.80	NE	Crimson Aquatics 2022 NE BGSC LCM 11-14 Champio	2:09.68 13 Wheeler, Jane Quinette	14 Moulson, Vivian Whitman	14 Reppucci, Sara Jean	14 White, Quinn Kelty
3	8:50.61	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	2:07.02 14 Deguenther, Emory Baralt	14 Sleman, Molly M.	14 Callihan, Catherine B.	14 Barron, Ella G.
4	8:53.11	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	2:12.55 14 McGlinchey, Scarlett Rose	14 Cassidy, Madelyn Rose	14 Warner, Brooke Catherine	14 McMurray, Kylie Nicole
5	9:01.21	NE	Bluefish Swim Club 2022 NE BGSC LCM 11-14 Champio	2:14.51 13 Levesque, Margot Anna	13 Walden, Leah Aileen	13 Zipagan, Jacqueline Miranda	13 Qi, Aimee Letong
6	9:01.91	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	2:15.45 14 Czirjak, Sara Elizabeth	13 Vanyo, Sofie Nolle	14 Shaps, Katherine L	14 Ismailova, Diana
7	9:02.46	MA	York YMCA 2022 MD NBAC Mid-Summer Classic	2:10.45 14 Phifer, Isabelle Rose	14 Walsh, Aivleen E	14 Hinson, Kaliyah J	14 Eckert, Jayla Michelle
8	9:03.74	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	14 Derrico, Campbell Kristina	14 McKinney, Ava G	14 Horst, Callie A.	13 Bonanno, Ashlyn Kate
9	9:11.66	VA	Tide Swimming 2022 VA LC Age Group Championships	2:12.72 14 Duffy, Dara James	14 Moreno, Caprie Elise	14 Rawlins, Afsana P R	13 Brecke, Avery Marie
10	9:13.64	VA	Williamsburg Aquatic Club 2022 VA LC Age Group Championships	2:10.29 13 Gregory, Elizabeth Frances	13 Robertson, Logan Alexandria	14 Check, Isabella Charlize	14 Hubbard, Madelyn Elisabeth Marlene
11	9:14.02	MA	Jersey Wahoos 2022 MA LCM JOs	2:16.53 14 Tilger, Camryn Nicole	14 Lehman, Alyce E	14 Walsh, Ellie Francis	14 Collins, Kali L
12	9:14.08	VA	Stingrays Swim Team 2022 VA LC Age Group Championships	2:16.83 14 Jones, London Elizabeth	13 Duffy, Savannah G	13 Miller, Evie Marie	13 Johnson, Sidney Bristol

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022**

13	9:15.20	NE	Boston YMCA Bluefins Swim Team 2022 NE BGSC LCM 11-14 Champio	2:17.69	13 Krutiy, Sophia Anna	14 Doetsch, Amelia Josephine	13 Lembo, Julia Rose	13 Paulsen, Laila Shea
14	9:16.94	NE	Charles River Aquatics 2022 NE BGSC LCM 11-14 Champio	2:23.54	14 Cukras, Sophia Grace	14 Taieb, Charlotte Colette	13 Mazereeuw, Nina Taylor Taki	13 Oliveira, Sofia Lynne
15	9:18.45	MA	Upper Dublin Aquatic Club 2022 MA LCM JOs	2:13.57	14 Williams, Victoria Anne	14 Motelson, Jessie R	14 Auwarter, Olivia Nicole	14 Shapiro, Madeline Sue
16	9:22.11	NE	Upper Valley Aquatic Club 2022 NE BGSC LCM 11-14 Champio	2:15.59	14 Sellars, Mackenzie Grace	13 Eko, Elina Rae	14 Ye, Sofia	14 Staats, Elizabeth Evans
17	9:22.68	VA	Tide Swimming 2022 VA LC Age Group Championships	2:21.64	14 Everhart, Norah Griffin	14 Pogorzelski, Camryn Elise Faith	14 Rawlins, Sohalya H R	13 Eberle, Layla Grace
18	9:25.71	NE	Gator Swim Club 2022 NE BGSC LCM 11-14 Champio	2:19.92	14 Wienert, Vivien Lu	13 Craft, Lydia Anne	13 Graveline, Reese Laretta	13 Gagnon, Sadie Helena
19	9:26.63	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	2:18.26	13 Dilozenzo, Katherine M.	13 Briscoe, Chanelle Nicola	14 Schiavo, Allison Lynn	14 Kern, Abigail Beatrice
20	9:27.75	NE	Phoenix Swimming 2022 NE BGSC LCM 11-14 Champio	2:24.28	14 Tracy, Hazel Jean Elizabeth	13 Gregory, Madeline Elizabeth	13 Amuan, Isla Thomas	14 Batchelder, Morgan Ann

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 13-14 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	2:02.31	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	31.53 14 McKinney, Ava G	13 Linkonis, Ana V.	14 Deguenther, Emory Baralt	14 Sleman, Molly M.
2	2:04.76	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	32.27 13 Vanyo, Sofie Nolle	14 Czirjak, Sara Elizabeth	14 Ismailova, Diana	14 Phillips, Lily E
3	2:05.15	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	31.98 14 Jung, Rebekah	14 Karnaugh, Petra Maria	14 Kim, Iris B	14 Turano, Kathleen Lily
4	2:05.27	PV	Nation's Capital Swim Club 2022 PV LC 13&O Championships	31.46 14 Witt, Madalyn Loren	13 Bu, Catherine Yunfei	14 Xiao, Alice Yang	13 Clattenburg, Hannah Carter
5	2:05.42	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	32.33 13 Lent, Madeline Jane	14 Teixidor-Salerno, Alegria Maria	14 Wu, Heidi	14 Karim, Azana Sarika
6	2:05.75	NJ	New Jersey Race Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	32.18 14 Smith, Mia Catherine	14 Fields, Francesca T	14 Haggerty, Anna Luise Kristina	14 Mee, Annie
7	2:06.04	VA	Quest Swimming 2022 VA SwimRVA Summer Invitational	14 Canada, Raegan Caroline	14 Diggs, Ellen Campbell	13 Callis, Emerson Paige	14 Vernon, Allison Lucille
8	2:06.12	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	32.64 14 Chen, Calista 13 Lee, Yuna	14 So, Leni A	14 Anderson, Samantha R	13 Wu, Natalie
9	2:06.34	VA	757 Swim 2022 VA LC Age Group Championships	32.41 13 Liebler, Emma May	14 Heyward, Addison Elizabeth	14 Levin, Isabella Grace	14 Shnowske, Anna Elizabeth
10	2:07.43	NJ	Metro Area Life Time 2022 NJ SCAR LC Junior Olympics	34.20 14 Secher, Lilah Elizabeth	13 Tran, Kim Thien	13 Bitterman, Zoe Marlene	14 Jeng, Gloria H
11	2:07.83	PV	All Star Aquatics 2022 PV LC 13&O Championships	30.41 14 Hinds, Virginia Caroline	14 Morse, Victoria Dana	13 Groves, Caitlin Christine	13 Belknap, Penelope Maya
12	2:08.37	MR	Long Island Aquatic Club 2022 FL ISCA Summer Elite Showcase	32.99 14 Fried, Regan K	14 McDonald, Cara B	13 Mazur, Katerina E	13 Peitler, Maya

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

13	2:08.53	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	32.42	14 Arabadjiev, Cece C	14 Fishbein, Lauren Baker	13 Olsen, Liv I	13 Hagmann, Riley Love
14	2:09.02	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	32.02	14 Hoben, Molly Kristine	14 Armstrong, Kiersten R.	14 Wenert, Olivia Grace	13 Jones, Jasper Dare
15	2:09.27	VA	Tide Swimming 2022 VA LC Age Group Championships	33.11	13 Dietrich, Stella Rose	14 Moreno, Caprie Elise	14 Marchione, Maris Joan	14 Duffy, Dara James
16	2:09.45	PV	Nation's Capital Swim Club 2022 PV LC 13&O Championships	32.39	14 Sagle, Alyssa Kim	14 Wilbur, Lilla E	14 Yang, Julie	14 Koroma, Sophie Isabelle
17	2:09.47	MR	Badger Swim Club, Inc. 2022 FL ISCA Summer Elite Showcase	33.30	13 Jiang, Lori	13 Torres, Sofia Rose	14 Fogli, Caterina	14 Gutierrez, Lucianna Grace
18	2:09.65	PV	Rockville Montgomery Swim Club 2022 PV LC 13&O Championships	34.41	13 Chen, Elizabeth L	13 Sunjaya, Viona K	14 McGee, Zoe L	14 Nishnianidze, Anna
19	2:09.73	MD	Eagle Swim Team Inc. 2022 Sandbox Invitational	33.92	14 Handwerger, Jenna Ellie	14 Blaha, Krysta Elise	14 Matanoski, Genevieve Anya	14 Yuan, Jerica Jinxue
20	2:09.76	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	32.34	14 Gutierrez, Lucianna Grace	14 Lord, Sophia	13 Jiang, Lori	13 Torres, Sofia Rose

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 13-14 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	4:28.00	MA	Greater Philadelphia Aquatic Club 2022 MA LCM JOs	1:06.13 14 McMurray, Kylie Nicole	14 Warner, Brooke Catherine	14 McGlinchey, Scarlett Rose	14 Cassidy, Madelyn Rose
2	4:28.81	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:07.04 14 McKinney, Ava G	13 Linkonis, Ana V.	14 Deguenther, Emory Baralt	14 Sleman, Molly M.
3	4:30.50	NE	Crimson Aquatics 2022 NE BGSC LCM 11-14 Champio	1:05.58 14 White, Quinn Kelty	13 Wheeler, Jane Quinette	14 Moulson, Vivian Whitman	14 Reppucci, Sara Jean
4	4:31.31	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Age Group Championships	1:08.98 13 Vanyo, Sofie Nolle	14 Czirjak, Sara Elizabeth	14 Shaps, Katherine L	14 Ismailova, Diana
5	4:31.92	PV	Rockville Montgomery Swim Club 2022 PV LC 13&O Championships	1:11.41 14 Watkins, Celia R	14 Kadoorie, Angela Jiamin	14 Webb, Maria D	14 Webb, Addison M
6	4:32.19	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	1:09.47 13 Lent, Madeline Jane	14 Teixidor-Salerno, Alegria Maria	14 Wu, Heidi	14 Karim, Azana Sarika
7	4:33.55	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:10.04 14 Chen, Calista 14 Lee, Cherry	14 So, Leni A	13 Wu, Natalie	14 Anderson, Samantha R
8	4:34.44	MD	North Baltimore Aquatic Club 2022 MD LSC LC Championships	1:07.63 13 Rommel, Julia Elizabeth	14 Heron, Nina Brooklyn	13 Conway, Shannon Christine	14 Vercollone, Ava Nicole
9	4:34.94	NJ	Metro Area Life Time 2022 NJ SCAR LC Junior Olympics	1:12.73 14 Secher, Lilah Elizabeth	13 Tran, Kim Thien	14 Jeng, Gloria H	14 Harkins, Kiera Ellen
10	4:35.84	PV	Nation's Capital Swim Club 2022 PV LC 13&O Championships	1:07.14 14 Witt, Madalyn Loren	13 Bu, Catherine Yunfei	14 Xiao, Alice Yang	13 Clattenburg, Hannah Carter
11	4:37.73	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	1:07.80 14 Jung, Rebekah	13 Raguindin, Madelyn B	14 Builes, Mariana Isabel	14 Turano, Kathleen Lily
12	4:38.30	VA	757 Swim 2022 VA LC Age Group Championships	1:16.76 14 Cleary, Peyton Mallory	14 Heyward, Addison Elizabeth	13 Liebler, Emma May	14 Shnowske, Anna Elizabeth

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For Dates 9/1/2021 - 8/31/2022

13	4:38.64	MR	Badger Swim Club, Inc. 2022 MR Metropolitan Long Course Junior Olympics	1:10.21	13 Jiang, Lori	14 Lord, Sophia	14 Gutierrez, Lucianna Grace	13 Torres, Sofia Rose
14	4:39.60	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Age Group Championships	1:10.54	14 Horst, Callie A.	13 Medei, Emma L.	14 Wenert, Olivia Grace	14 Barron, Ella G.
15	4:39.81	MA	Upper Dublin Aquatic Club 2022 MA LCM JOs	1:10.58	14 Auwarter, Olivia Nicole	14 Sileo-Magliari, Sophia	14 Motelson, Jessie R	14 Williams, Victoria Anne
16	4:41.49	MA	Jersey Wahoos 2022 MA LCM JOs	1:09.45	14 Tilger, Camryn Nicole	13 Cosello, Nina E	14 Lehman, Alyce E	14 Collins, Kali L
17	4:41.79	NE	Bluefish Swim Club 2022 NE BGSC LCM 11-14 Champio	1:11.44	13 Walden, Leah Aileen	13 Levesque, Margot Anna	13 Qi, Aimee Letong	13 Zipagan, Jacqueline Miranda
18	4:42.01	VA	Tide Swimming 2022 VA LC Age Group Championships	1:10.40	13 Dietrich, Stella Rose	14 Moreno, Caprie Elise	14 Marchione, Maris Joan	14 Duffy, Dara James
19	4:43.61	MD	Monocacy Aquatic Club 2022 MD LSC LC Championships	1:09.80	14 Corden, Baylee Reese	14 Headland, Harriet Emily	14 Ingram, Claire O	14 Smariga, Anya
20	4:43.95	NE	Upper Valley Aquatic Club 2022 NE BGSC LCM 11-14 Champio	1:10.33	13 Eko, Elina Rae	14 Ye, Sofia	14 Sellars, Mackenzie Grace	14 Staats, Elizabeth Evans

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 15-16 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time	Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	1:46.47	MA	Germantown Academy Aquatic Club 2022 IN NCSA Summer Swimming Championships	26.48	16 Grimley, Taylor Olivia	15 Hamill, Emily Claire	15 Boles, Karly Jane	15 Freeman, Sarah Elizabeth
2	1:47.43	PV	Rockville Montgomery Swim Club 2022 IN NCSA Summer Swimming Championships	26.76	16 Qin, Amy W	16 Phillips, Reagan E	16 Eliason, Sarah K	15 Dworak, Andrea M
3	1:49.39	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Senior Champs	27.35	16 Thomas, Morgan Olivia	15 Fuller, Alexandra Grace	16 Davis, Grey Towler	16 McCardle, Grace Hunter
4	1:50.19	VA	Tide Swimming 2022 VA LC Senior Champs	27.95	15 Teague, Sara Morgan	16 Roberts, Addyson Kay	15 Kohler, Sofia Araujo	16 Ozment, Alexa Sophia
5	1:51.72	NE	Crimson Aquatics 2022 FL ISCA Summer Senior Blast	27.51	15 Mouhidin, Hazel	16 Neilly, Claire Eleanor	16 Kelley, Kyla Grace	16 Wieczorek, Hannah Paige
6	1:51.97	MR	Long Island Aquatic Club 2022 IN NCSA Summer Swimming Championships	27.90	16 Dean, Catherine Ann	16 Montefusco, Kathryn Lillian	16 Patalano, Lauren G	16 Racanello, Briana L
7	1:52.57	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	28.47	16 Milhomens, Sophie C	16 Richardson, Elise Carolyn	16 Tray, Kaya Linnea	15 Degennaro, Laura Marie
8	1:53.15	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	28.83	15 Halsey, Joslin Jean	15 Bunt, Carmen Anais	16 Lacey, Caitlin Julia	16 Pelchat, Julia Agnes
9	1:53.26	NJ	Greater Somerset County YMCA Storm 2022 NJ July Independence Invitational	28.77	15 Bar, Lillian R	15 Luo, Jingjing Jennifer	16 Harkins, Nicolene A	16 Moesch, Annaliesa
10	1:53.56	NJ	Hamilton Y Aquatic Club 2022 NJ HACY Summer Solstice	28.25	16 Dalton, Emerson Kay	16 Fea, Brianna Zhiqing	16 Somers, Alexandra Carey	15 Landers, Kaitlyn Reilly
11	1:55.31	NJ	X-Cel Swimming 2022 NJ EEX JS Mace Memorial Summer Sizzle	28.15	15 Bernard, Ariel M	16 Weber, Courtney Elizabeth	15 Ristad, Sabine A	15 Heden, Jessica Nicole
12	1:55.34	CT	Bulldog Swimming 2022 FL ISCA Summer Senior Blast	28.37	15 Li, Marea Jiaqi	16 Ferneini, Isabella Maria	16 Rapuano, Mikayla Rose	16 Bijleveld, Luna Angelina
13	1:55.41	NJ	New Jersey Race Club 2022 FL ISCA Summer Senior Blast	29.24	15 Wheeler, Olivia Simone	15 Cullen, Molly H	15 Celentano, Siara N	15 Smith, Mia Catherine

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022**

14	1:55.46	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	29.37	15 Chang, Isabella Marie	16 Tan, Sayjel E	16 Chiang, Kylie M	15 Zhang, Ashley Ziqi
15	1:56.08	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	29.49	16 Shafman, Ella Josephine	15 Bodie, Elizabeth A	16 McDonough, Morgan A	15 Starzman, Emme Jane
16	1:56.10	MA	Diamond State Aquatics 2022 MA Swimming Meet	29.77	16 Phillips, Victoria L	15 Fanelli, Lila R	16 Goetz, Peyton Mae	16 Maher, Elizabeth Anna
17	1:56.26	VA	Williamsburg Aquatic Club 2022 VA LC Senior Champs	29.20	15 Gregory, Mary G	16 Walker, Emma Jane	16 Parker, Rachel Faith	16 Check, Chloe Michele
18	1:56.64	MR	Condors Swim Club 2022 FL ISCA Summer Senior Blast	29.13	15 Perez, Brianna Michele	16 Arciniegas, Laura	15 Carano, Mylie Paige	15 Vursta, Elizabeth Raye
19	1:56.95	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	30.26	16 Lombardi, Savannah Joy	15 Holland, Maggie Francis	16 Cartwright, Korryn Noel	16 Abreu, Addison Mary
20	1:57.15	NJ	Eastern Express Swim Team 2022 NJ EEX JS Mace Memorial Summer Sizzle	30.93	16 Hartog, May A	15 Dobson, Kennedi	16 Walsh, Keira	16 Rossi, Gabriella N

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 15-16 400 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time	Leg 1 Age / Name		Leg 2 Age / Name		Leg 3 Age / Name		Leg 4 Age / Name	
1	3:53.90	MA	Germantown Academy Aquatic Club 2022 IN NCSA Summer Swimming Championships	57.63	15	Hamill, Emily Claire	15	Freeman, Sarah Elizabeth	16	Grimley, Taylor Olivia	15	Boles, Karly Jane
2	3:54.09	PV	Rockville Montgomery Swim Club 2022 IN NCSA Summer Swimming Championships	58.51	15	Dworak, Andrea M	16	Qin, Amy W	16	Smith, Madison T	16	Eliason, Sarah K
3	3:56.07	VA	NOVA of Virginia Aquatics, Inc 2022 IN NCSA Summer Swimming Championships	59.11	16	Witdoeck, Allison Grace	16	Goodwin-Birnie, Elizabeth Grace	16	Miklos, Riley L	15	Bischoff, Allison M.
4	4:06.87	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	1:02.40	16	Milhomens, Sophie C	16	Richardson, Elise Carolyn	15	Starzman, Emme Jane	15	Degennaro, Laura Marie
5	4:07.64	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	1:01.93	16	Abreu, Addison Mary	15	Holland, Maggie Francis	16	Pelchat, Julia Agnes	15	Hassani, Aya Fatima
6	4:10.45	VA	SwimRVA 2022 VA LC Senior Champs	1:01.87	16	Kang, Sarah Hae Won	15	Medei, Madelyn J.	16	Papiernik, Kathleen Grace	15	Miyashita, Libby A
7	4:11.84	MR	Condors Swim Club 2022 FL ISCA Summer Senior Blast	1:02.48	16	Hoffman, Noelle Ryen	15	Vursta, Elizabeth Raye	15	Gennarelli, Maichina E	16	Martin, Lilyanna M.
8	4:12.53	VA	Williamsburg Aquatic Club 2022 VA LC Senior Champs	1:01.35	15	Gregory, Mary G	16	Check, Chloe Michele	16	Parker, Rachel Faith	16	Walker, Emma Jane
9	4:12.84	NJ	New Jersey Race Club 2022 FL ISCA Summer Senior Blast	1:04.27	15	Cullen, Molly H	15	Wheeler, Olivia Simone	15	Smith, Mia Catherine	15	Celentano, Siara N
10	4:15.70	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	1:03.00	15	Bunt, Carmen Anais	16	Lombardi, Savannah Joy	16	Lacey, Caitlin Julia	15	Halsey, Joslin Jean
11	4:16.35	NJ	Eastern Express Swim Team 2022 NJ EEX JS Mace Memorial Summer Sizzle	1:05.19	16	Walsh, Keira	15	Dobson, Kennedi	15	Cicco, Emily E	16	Rossi, Gabriella N
12	4:16.79	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	1:03.07	16	Hanke, Grace Wiley	16	Tray, Kaya Linnea	15	Bodie, Elizabeth A	16	Shafman, Ella Josephine
13	4:17.37	MR	Twisters Swim Club 2022 MR Metropolitan Long Course Junior Olympics	1:05.19	16	Alexander, Allyse I	15	Torres, Cassidy Amber	16	Mullin, Allison B	15	Martinez-Reyes, Tristinyye J

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022**

14	4:19.40	NJ	Cougar Aquatic Team 2022 FL RAFC Last Splash Invitational	1:05.20	15 Gilligan, Keira Jane	16 Ewing, Hannah Elizabeth	16 Joss, Zoe Talulah	15 Rosiecki, Caroline Ava
15	4:20.42	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:05.08	16 Tan, Sayjel E	15 Flores, Isabella A	16 Chiang, Kylie M	15 Chang, Isabella Marie
16	4:22.14	CT	Chelsea Piers Aquatic Club 2022 FL ISCA Summer Senior Blast	1:03.29	15 Dunn, Lily Marie	15 Williams, Emma Allison	15 Haley, Samantha M	16 Luecke, Erin Theresa
17	4:22.23	CT	Bulldog Swimming 2022 FL ISCA Summer Senior Blast	1:03.05	16 Bijleveld, Luna Angelina	16 Rapuano, Mikayla Rose	16 Rickey, Mason Elise	16 Ferneini, Isabella Maria
18	4:22.56	MR	Queens Aquatic Club 2022 MR RED International Invitational	1:06.81	16 Chiang, Kylie M	15 Moran, Laura Ann	15 Chang, Isabella Marie	16 Brulinski, Natalia E
19	4:23.09	PV	Snow Swimming 2022 FL ISCA Summer Senior Blast	1:03.68	15 Skoug, Charlotte K	16 Bannerton, Avery Mckenna	15 Silverstein, Leah Kaye	16 Rebich, Elizabeth Marie
20	4:25.39	MR	Middies Wave Ryders 2022 MR Metropolitan Long Course Junior Olympics	1:06.01	16 Tula, Kelly Ann	15 Wu, Serena Y	15 Mordaunt, Victoria	15 Dugan, Sophia N

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 15-16 800 Freestyle Relay Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>LSC</i>	<i>Club / Meet</i>	<i>Leg1 Time</i>	<i>Leg 2 Age / Name</i>		<i>Leg 3 Age / Name</i>		<i>Leg 4 Age / Name</i>	
1	8:27.22	VA	NOVA of Virginia Aquatics, Inc 2022 IN NCSA Summer Swimming Championships	2:09.41 16 Bailey, Brooke	16	Miklos, Riley L	16	Witdoeckt, Allison Grace	15	Bischoff, Allison M.
2	8:31.41	PV	Rockville Montgomery Swim Club 2022 IN NCSA Summer Swimming Championships	2:04.37 16 Smith, Madison T	15	Dworak, Andrea M	16	Phillips, Reagan E	16	Qin, Amy W
3	8:47.07	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Senior Champs	2:08.94 16 Davis, Grey Towler	16	Thomas, Morgan Olivia	15	Fuller, Alexandra Grace	15	Welsch, Layla Meghan
4	9:11.92	VA	Williamsburg Aquatic Club 2022 VA LC Senior Champs	2:19.66 16 Walker, Emma Jane	15	Gregory, Mary G	16	Hanks, Lindsay Nicole	16	Check, Chloe Michele

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 15-16 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time	Leg 2 Age / Name		Leg 3 Age / Name		Leg 4 Age / Name	
1	1:59.53	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Senior Champs	31.71 15 Hotem, Kaitlyn R. 16 Goodwin-Birnie, Elizabeth Grace 16 Bauer, Cassandra Grace 16 Witdoeckt, Allison Grace	15	Scott, Elle D	16	Datovech, Christine Marie	15	Bischoff, Allison M.
2	2:02.17	MR	Condors Swim Club 2022 FL ISCA Summer Senior Blast	32.14 16 Arciniegas, Laura	16	Liu, Ava Lillian	16	Fox, Cornelia Jaimes	15	Budnik, Isabella
3	2:03.95	NE	Crimson Aquatics 2022 FL ISCA Summer Senior Blast	32.14 15 Kawai, Emma Grace	16	Neilly, Claire Eleanor	15	Mouhidin, Hazel	16	Wieczorek, Hannah Paige
4	2:05.24	MA	Wilmington Aquatic Club 2022 MA Swimming Meet	32.59 16 Horning, Caitlin Laurie	15	Caraballo, Isabella K	15	Rogers, Zoey S	16	Bockrath, Rachel Katherine
5	2:05.82	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	31.89 16 Milhomens, Sophie C	16	Tray, Kaya Linnea	15	Bodie, Elizabeth A	15	Degennaro, Laura Marie
6	2:06.59	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	32.62 16 Abreu, Addison Mary	15	Bunt, Carmen Anais	15	Halsey, Joslin Jean	16	Pelchat, Julia Agnes
7	2:08.31	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	34.88 16 Hanke, Grace Wiley	15	Starzman, Emme Jane	16	Shafman, Ella Josephine	16	Richardson, Elise Carolyn
8	2:08.84	VA	Williamsburg Aquatic Club 2022 VA LC Senior Champs	32.17 15 Gregory, Mary G	16	Check, Chloe Michele	16	Walker, Emma Jane	16	Parker, Rachel Faith
9	2:08.86	MR	Twisters Swim Club 2022 MR Metropolitan Long Course Junior Olympics	32.63 16 Mullin, Allison B	15	Torres, Cassidy Amber	16	Alexander, Allyse I	15	Martinez-Reyes, Tristinye J
10	2:09.96	NJ	X-Cel Swimming 2022 NJ XCEL Meet of XCelence	34.37 15 Ristad, Sabine A	16	Weber, Courtney Elizabeth	15	Heden, Jessica Nicole	15	Bernard, Ariel M
11	2:10.39	CT	Chelsea Piers Aquatic Club 2022 FL ISCA Summer Senior Blast	34.09 15 Dunn, Lily Marie	16	Luecke, Erin Theresa	15	Haley, Samantha M	16	Edwards, Annie Elizabeth
12	2:10.84	MR	Asphalt Green Unified Aquatics 2022 MR Metropolitan Long Course Junior Olympics	33.90 16 Hsu, Kelly Vivian	15	Maclennan, Catherine Li	16	Cauley, Olivia Madeleine Hillaert	16	Ebrahimpour, Beth Nousheh
13	2:11.19	VA	H2okie Aquatics 2022 VA LC Senior Champs	32.93 15 Grim, Evelyn Mary	16	Fillo, Grace Eileen	16	Anderson, Megan Joy	16	Badgley, Annabelle Burns

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

14	2:11.20	NJ	Eastern Express Swim Team 2022 NJ EEX JS Mace Memorial Summer Sizzle	31.77	15 Dobson, Kennedi	16 Rossi, Gabriella N	15 Cicco, Emily E	16 Walsh, Keira
15	2:11.55	PV	Snow Swimming 2022 FL ISCA Summer Senior Blast	35.01	16 Bannerton, Avery Mckenna	15 Chen, Sara L.	16 Rebich, Elizabeth Marie	15 Skoug, Charlotte K
16	2:11.62	NJ	New Jersey Race Club 2022 FL ISCA Summer Senior Blast	42.30	15 Celentano, Siara N	15 Smith, Mia Catherine	15 Wheeler, Olivia Simone	15 Cullen, Molly H
17	2:12.39	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	34.45	15 Constantine, Jacqueline Madison	16 Koek, Megan	15 Zunich, Daniela A	15 Hu, Caroline
18	2:12.77	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	34.68	15 Moran, Laura Ann	15 Bieganowski, Maya Amanda	15 Zhao, Felicity Ella	15 Chang, Isabella Marie
19	2:12.88	CT	Bulldog Swimming 2022 FL ISCA Summer Senior Blast	33.73	16 Rapuano, Mikayla Rose	16 Rickey, Mason Elise	15 Sundstrom, Ila Symone	15 Lezinsky, Addison Victoria
20	2:13.46	NJ	X-Cel Swimming 2022 NJ PTAC Tiger Challenge	34.71	15 Ristad, Sabine A	16 Weber, Courtney Elizabeth	15 Heden, Jessica Nicole	15 Bernard, Ariel M

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022****Girls 15-16 400 Medley Relay Long Course Meters**

Rank	Time	LSC	Club / Meet	Leg1 Time						
				Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name			
1	4:23.17	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Senior Champs	1:04.53 16 Davis, Grey Towler	15 Welsch, Layla Meghan	15 Fuller, Alexandra Grace	16 Thomas, Morgan Olivia			
2	4:26.05	VA	NOVA of Virginia Aquatics, Inc 2022 IN NCSA Summer Swimming Championships2	1:06.86 16 Goodwin-Birnie, Elizabeth Grace	16 Bauer, Cassandra Grace	16 Witdoeck, Allison Grace	15 Bischoff, Allison M.			
3	4:27.86	MR	Condors Swim Club 2022 FL ISCA Summer Senior Blast	1:07.60 16 Arciniegas, Laura	16 Liu, Ava Lillian	16 Fox, Cornelia Jaimes	15 Budnik, Isabella			
4	4:30.97	NE	SOLO Aquatics 2022 WI Central Zone Section 1	1:08.71 16 Kisova, Veronika Michelle	16 Lord, Avery James	16 Boemer, Anna Marion	15 Phelps, Sophia Garrahan			
5	4:33.93	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	16 Richardson, Elise Carolyn	16 Tray, Kaya Linnea	16 Milhomens, Sophie C	15 Degennaro, Laura Marie			
6	4:34.12	VA	Williamsburg Aquatic Club 2022 VA LC Senior Champs	1:08.09 15 Gregory, Mary G	16 Check, Chloe Michele	16 Hanks, Lindsay Nicole	16 Walker, Emma Jane			
7	4:38.28	VA	Cavalier Aquatics/Piedmont Family YMCA 2022 VA LC Senior Champs	1:09.77 16 McCardle, Grace Hunter	16 Bendall, Allisan Patricia Mary	16 Schundler, Elizabeth Parks	15 Nicholson, Lucille Irene			
8	4:38.51	NJ	Cougar Aquatic Team 2022 FL RAFC Last Splash Invitational	1:09.57 16 Klak, Madison Paige	15 Laynez, Leticia Isabel	16 Murray, Caroline C	15 Sawa, Margaret Tamae			
9	4:38.88	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	1:09.31 16 Abreu, Addison Mary	15 Bunt, Carmen Anais	15 Halsey, Joslin Jean	15 Hassani, Aya Fatima			
10	4:43.04	NJ	X-Cel Swimming 2022 NJ EEX JS Mace Memorial Summer Sizzle	1:11.50 15 Ristad, Sabine A	16 Weber, Courtney Elizabeth	15 Heden, Jessica Nicole	15 Bernard, Ariel M			
11	4:43.80	NJ	Eastern Express Swim Team 2022 NJ EEX JS Mace Memorial Summer Sizzle	1:11.17 16 Walsh, Keira	16 Rossi, Gabriella N	15 Dobson, Kennedi	16 Hartog, May A			
12	4:45.15	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	1:12.83 16 Shafman, Ella Josephine	15 Starzman, Emme Jane	16 McDonough, Morgan A	16 Hanke, Grace Wiley			

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

13	4:45.68	MR	Twisters Swim Club 2022 MR Metropolitan Long Course Junior Olympics	1:11.47	16 Mullin, Allison B	15 Torres, Cassidy Amber	16 Alexander, Allyse I	15 Martinez-Reyes, Tristinye J
14	4:47.81	NJ	New Jersey Race Club 2022 NJ EEX JS Mace Memorial Summer Sizzle	1:10.38	15 Celentano, Siara N	16 Devincens, Bennett L	15 Wheeler, Olivia Simone	15 Cullen, Molly H
15	4:47.82	MD	Annapolis Swim Club 2022 MD LSC LC Championships	1:10.08	15 Connor, Ashley Elizabeth	16 Krucoff, Emily Jeanne	15 Hutchins, Rachel Madison	16 Monaldo, Aliza Freda
16	4:48.30	CT	Bulldog Swimming 2022 FL ISCA Summer Senior Blast	1:13.41	16 Bijleveld, Luna Angelina	16 Rickey, Mason Elise	15 Li, Marea Jiaqi	15 Lezinsky, Addison Victoria
17	4:48.31	NJ	Metro Area Life Time 2022 NJ SCAR LC Junior Olympics	1:14.54	16 Barisonek, Erin Kathleen	16 O'Sullivan, Niamh Iona	15 Finkelstein, Mari Shayna	16 Sawicki, Jocelyn Rachel
18	4:49.75	MR	Queens Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:09.82	16 Tan, Sayjel E	16 Regan, Jaclyn Rose	15 Loftus, Ava Elizabeth	16 Chiang, Kylie M
19	4:50.65	NJ	New Jersey Race Club 2022 FL ISCA Summer Senior Blast	1:10.34	15 Celentano, Siara N	15 Smith, Mia Catherine	15 Wheeler, Olivia Simone	15 Cullen, Molly H
20	4:51.12	MR	Long Island Aquatic Club 2022 MR Metropolitan Long Course Junior Olympics	1:08.90	15 Constantine, Jacqueline Madison	16 Koek, Megan	16 Sava, Erica C	15 Hu, Caroline

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 17-18 200 Freestyle Relay Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>LSC</i>	<i>Club / Meet</i>	<i>Leg1 Time</i>						
				<i>Leg 1 Age / Name</i>	<i>Leg 2 Age / Name</i>		<i>Leg 3 Age / Name</i>		<i>Leg 4 Age / Name</i>	
1	1:44.52	PV	Nation's Capital Swim Club 2022 IN NCSA Summer Swimming Championships	26.17 18 Runnels, Aris D	17	Spink, Camille Kathryn	17	Conze, Maren Dearden	17	Simpson, Julia C
2	1:46.02	MD	North Baltimore Aquatic Club 2022 Speedo Junior National Ch	26.56 17 Pacher, Katherine Joy	18	Schere, Fiona Darby	17	Koff, Mabel Anne	17	Hurley, Caitlin Marie
3	1:46.44	VA	Tide Swimming 2022 VA LC Senior Champs	27.16 17 Duffy, Kayleigh Ann	17	McKee, Marin Claire	17	Knapp, Sophia Kathryn	18	Wilson, Kayla Mclean
4	1:46.74	VA	Coast Guard Blue Dolphins 2022 VA LC Senior Champs	26.83 18 Tankard, Kyleigh Ann	18	Ellington, Ann Chappell	18	Marstellar, Isabel Ashley	17	Hanson, Wyllo Carmen
5	1:47.68	NJ	YMCA of Greater Monmouth County 2022 NC AP LC YMCA Nationals	27.27 17 Rinkus, Quinn A	18	Kral, Jessica	17	Bendokas, Tessa	18	Figueroa, Marcella Maria
6	1:50.10	MD	Eagle Swim Team Inc. 2022 Sandbox Invitational	27.44 17 Budde, Erin Taylor	17	Diaz, Natalia Hansel	18	Serino, Grace Madeline	17	McKoy, Summer Ricquel
7	1:52.96	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	28.53 17 Tyler, Julianna Michele	17	Snow, Julia Ann	18	Sokolik, Gabrielle Mary	17	Tiernan, Meghan A
8	1:55.61	NJ	Summit Area YMCA 2022 NC AP LC YMCA Nationals	29.83 17 Daab, Bridget K	17	Zhang, Brenda Lin	17	Sim, Nicole Minori	17	Washburn, Elizabeth D
9	1:58.19	MR	Club Fit Jefferson Valley 2022 MR Metropolitan Long Course Junior Olympics	31.16 17 Macdonald, Laura	18	Nikolic, Enza A	18	Macdonald, Kate	18	Leonard, Delaney

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022****Girls 17-18 400 Freestyle Relay Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>LSC</i>	<i>Club / Meet</i>	<i>Leg1 Time</i>	<i>Leg 2 Age / Name</i>		<i>Leg 3 Age / Name</i>		<i>Leg 4 Age / Name</i>	
1	3:49.51	VA	Tide Swimming 2022 VA LC Senior Champs	57.73 17 Knapp, Sophia Kathryn	18	Wilson, Kayla Mclean	17	Duffy, Kayleigh Ann	17	McKee, Marin Claire
2	3:50.11	MD	North Baltimore Aquatic Club 2022 Speedo Junior National Ch	57.19 17 Pacher, Katherine Joy	18	Schere, Fiona Darby	17	Koff, Mabel Anne	17	Hurley, Caitlin Marie
3	3:50.76	NE	Phoenix Swimming 2022 WI Central Zone Section 1	58.05 17 Chokureva, Michaela Irene 18 Reich, Megan Alexandra	17	Martino, Alexis Grace	17	McCurdy, Caroline Grace	17	Amuan, Malia Thomas
4	3:55.34	NE	Commonwealth Swimming 2022 NE BGSC LCM Seniors	56.69 18 Mannion, Natalie Liadan	17	Teague, Meredith Claire	18	Brown, Eliza Kiele	17	Li, Dana Yinyi
5	3:56.00	PV	Nation's Capital Swim Club 2022 IN NCSA Summer Swimming Championships	59.58 17 Simpson, Julia C	17	Conze, Maren Dearden	18	Craft, Sydney Kiera	18	Myers, Ella D
6	3:58.32	NJ	YMCA of Greater Monmouth County 2022 NJ EEX JS Mace Memorial Summer Sizzle	59.23 18 Kral, Jessica	17	Dugan, Samantha Gwendolyn	17	Bendokas, Tessa	18	Figuroa, Marcella Maria
7	4:01.90	AM	Fox Chapel Killer Whales 2022 LE Futures Championships Geneva	1:02.59 17 Pasquella, Ariana D	17	Kelley, Maeve Elizabeth	17	Shao, Sophie W	18	Huang, Isabel Summer
8	4:08.36	NE	Weymouth Club Waves 2022 NE BGSC LCM Seniors	1:01.87 17 Bodnar, Clara Grace	17	Gillooly, Rose Kathryn	17	Pinola, Haylie Jane	17	Anthony, Elle A
9	4:08.51	NE	Gator Swim Club 2022 FL ISCA Summer Senior Blast	58.85 17 Kang, Emily Zhilin	17	Ferrell, Allison Hendrickson	18	Groves, Ruby Jane	17	Stepanian, Alique
10	4:11.13	NE	Charles River Aquatics 2022 NE BGSC LCM Seniors	1:02.08 17 Lehr, Holly Karin	18	McGrail, Jennifer Rand	18	Dube, Laura Joan	18	McGrath, Keira Mary
11	4:15.61	NE	SOLO Aquatics 2022 NE BGSC LCM Seniors	1:03.10 17 Kisova, Veronika Michelle	17	Dominici, Cara Mary	18	Howarth, Jalen Virginia	18	Pentony, Isabel Wieselquist
12	4:15.76	NJ	Scarlet Aquatics 2022 NJ SCAR LC Junior Olympics	1:04.63 18 Wang, Annie	17	Giles, Sydney Paige	17	Ruatos, Chastity J	18	Bendoraitis, Kathleen F
13	4:25.90	MR	Club Fit Jefferson Valley 2022 MR Metropolitan Long Course Junior Olympics	1:07.12 18 Macdonald, Kate	18	Nikolic, Enza A	17	Angerthal, Tatum M	18	Leonard, Delaney

Eastern Zone 2021-2022 Top Times (LCM)**For Dates 9/1/2021 - 8/31/2022****Girls 17-18 800 Freestyle Relay Long Course Meters**

<i>Rank</i>	<i>Time</i>	<i>LSC</i>	<i>Club / Meet</i>	<i>Leg1 Time</i> <i>Leg 1 Age / Name</i>	<i>Leg 2 Age / Name</i>	<i>Leg 3 Age / Name</i>	<i>Leg 4 Age / Name</i>
1	8:17.61	PV	Nation's Capital Swim Club 2022 IN NCSA Summer Swimming Championships	2:05.88 17 Sun, Eleanor	17 Conze, Maren Dearden	18 Myers, Ella D	17 Spink, Camille Kathryn
2	8:26.25	MA	Jersey Wahoos 2022 Speedo Junior National Ch	2:05.87 17 Derivaux, Lillian E	18 Mullin, Sydney A	17 Waggoner, Madeline M	18 Palmer, Lydia Marie
3	8:29.37	NE	Commonwealth Swimming 2022 NE BGSC LCM Seniors	2:05.59 17 Li, Dana Yinyi	18 Mannion, Natalie Liadan	18 Brown, Eliza Kiele	17 Teague, Meredith Claire
4	8:56.79	CT	Wilton Y Wahoos Swim Club 2022 NC AP LC YMCA Nationals	2:10.04 17 Hastings, Virginia	17 Lester, Veronica G	17 Meador, Mollie Shay	18 Gardner, Abbey Lynn
5	8:59.82	NE	Charles River Aquatics 2022 NE BGSC LCM Seniors	2:13.18 17 Boegholm, Naomi Lin	18 McGrail, Jennifer Rand	18 Yang, Irene Chen	18 Yablonski, Ava Elizabeth
6	9:02.82	VA	Old Dominion Aquatic Club 2022 VA LC Senior Champs	2:12.82 17 Moorman, Katherine Riley	18 Maher, Anna Catherine	18 Brenner, Delaney Kendal	18 Scheneman, Jacqueline Blair
7	9:04.58	NE	Crimson Aquatics 2022 NE BGSC LCM Seniors	2:15.91 17 Huntley, Megan Danielle	18 Friedland, Chelsie Taylor	18 Dator, Kelsa Christine	17 Brenner, Allison Irene

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 17-18 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time	Leg 1 Age / Name		Leg 2 Age / Name		Leg 3 Age / Name		Leg 4 Age / Name	
1	1:55.12	PV	Nation's Capital Swim Club 2022 IN NCSA Summer Swimming Championships	28.85	18	Runnels, Aris D	17	Sun, Eleanor	18	Myers, Ella D	17	Spink, Camille Kathryn
2	1:59.50	NJ	YMCA of Greater Monmouth County 2022 NC AP LC YMCA Nationals	30.34	18	Hughes, Lily Alexis	17	Vendel, Lia A	18	Lee, Arabella	18	Figueroa, Marcella Maria
3	2:00.35	NJ	YMCA of Greater Monmouth County 2022 NJ EEX JS Mace Memorial Summer Sizzle	30.86	17	Bendokas, Tessa	17	Rinkus, Quinn A	17	Chui, Ashley	18	Kral, Jessica
4	2:02.02	VA	NOVA of Virginia Aquatics, Inc 2022 VA LC Senior Champs	29.90	18	Dixon, Zoe Alexandra	18	Nelson, Brooke M	18	Langenburg, Erin J	18	Dillman, Shannah R.
5	2:02.34	MD	Eagle Swim Team Inc. 2022 IN NCSA Summer Swimming Championships	31.52	17	McKoy, Summer Ricquel	17	Diaz, Natalia Hansel	17	Budde, Erin Taylor	17	Nwaeze, Zilda Ndidi
				18	Yeagle, Carly Elizabeth							
6	2:03.52	VA	Coast Guard Blue Dolphins 2022 VA LC Senior Champs	31.69	17	Cox, Delaney Rose	18	Denny, Britney Lynn	18	Ellington, Ann Chappell	18	Marstellar, Isabel Ashley
7	2:09.09	CT	Cheshire Y Sea Dog Swim Club 2022 FL ISCA Summer Senior Blast	33.18	17	O'Leary, Katrine V	18	Sokolik, Gabrielle Mary	17	Beltrami, Maura Elizabeth	17	Snow, Julia Ann
8	2:09.26	VA	H2okie Aquatics 2022 VA LC Senior Champs	32.55	17	Guillot, Norah Catherine	18	Robinson, Tatum Adair	17	Llamas, Mia Cathleen	18	Leng, Andrea
9	2:09.43	NJ	Summit Area YMCA 2022 NC AP LC YMCA Nationals	33.77	17	Daab, Bridget K	17	Zhang, Brenda Lin	17	Washburn, Elizabeth D	17	Sim, Nicole Minori
10	2:13.72	MR	Club Fit Jefferson Valley 2022 MR Metropolitan Long Course Junior Olympics	34.41	18	Macdonald, Kate	17	Macdonald, Laura	18	Nikolic, Enza A	18	Leonard, Delaney
11	2:20.24	VA	Lynchburg YMCA Swim Team 2022 VA Virginia Commonwealth	37.28	18	Russell, Caroline Hunter	17	Falwell, Caroline Yonaitis	18	Marotta, Caroline Grace	18	Warren, Grace Kathleen

Eastern Zone 2021-2022 Top Times (LCM)

For Dates 9/1/2021 - 8/31/2022

Girls 17-18 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club / Meet	Leg1 Time Leg 1 Age / Name	Leg 2 Age / Name	Leg 3 Age / Name	Leg 4 Age / Name
1	4:13.76	PV	Nation's Capital Swim Club 2022 IN NCSA Summer Swimming Championships2	1:02.93 18 Runnels, Aris D	17 Sun, Eleanor	18 Myers, Ella D	17 Spink, Camille Kathryn
2	4:16.89	VA	Coast Guard Blue Dolphins 2022 VA LC Senior Champs	1:06.10 17 Cox, Delaney Rose	18 Clark, Brooke-lynn Faith	18 Tankard, Kyleigh Ann	17 Hanson, Wylo Carmen
3	4:18.88	NE	Phoenix Swimming 2022 WI Central Zone Section 1	1:05.44 17 Amuan, Malia Thomas	17 Handley, Katherine Isabel	17 Martino, Alexis Grace	17 Chokureva, Michaela Irene
4	4:19.93	NE	SOLO Aquatics 2022 LE Futures Championships Geneva	1:07.46 18 Pentony, Isabel Wieselquist 18 Quinlan, Carli Elizabeth 18 Cavalier, Caroline Leigh	17 Lord, Avery James	17 Boemer, Anna Marion	17 Benson, Amy Nicole
5	4:22.54	NJ	YMCA of Greater Monmouth County 2022 NC AP LC YMCA Nationals	1:05.43 18 Hughes, Lily Alexis 17 Dugan, Samantha Gwendolyn 18 Figueroa, Marcella Maria	17 Vendel, Lia A	18 Lee, Arabella	18 Kral, Jessica
6	4:27.59	NE	Gator Swim Club 2022 NE BGSC LCM Seniors	1:05.89 18 Mlakar, Sonia	17 Pina, Jayla Fatima	17 Kang, Emily Zhilin	18 Wirtanen, Ava Reece
7	4:34.94	MD	Eagle Swim Team Inc. 2022 Sandbox Invitational	1:07.45 17 McKoy, Summer Ricquel	18 Yeagle, Carly Elizabeth	17 Budde, Erin Taylor	17 Nwaeze, Zuilda Ndidi
8	4:35.47	NE	Crimson Aquatics 2022 FL ISCA Summer Senior Blast	1:12.18 17 Xayaveth, Hope Joann	17 Ackerman-Vallala, Diya Grace	17 Brenner, Allison Irene	17 Swan, Katherine Susan
9	4:38.31	NE	Weymouth Club Waves 2022 NE BGSC LCM Seniors	1:11.04 17 Harney, Shauna Alana	17 Anthony, Elle A	17 Bodnar, Clara Grace	17 Nussbaum, Reilly Engles
10	4:39.96	NJ	Summit Area YMCA 2022 NC AP LC YMCA Nationals	1:11.55 17 Daab, Bridget K	17 Zhang, Brenda Lin	17 Washburn, Elizabeth D	17 Sim, Nicole Minori
11	5:03.62	MR	Club Fit Jefferson Valley 2022 MR Metropolitan Long Course Junior Olympics	1:18.66 18 Macdonald, Kate	17 Macdonald, Laura	18 Nikolic, Enza A	18 Leonard, Delaney